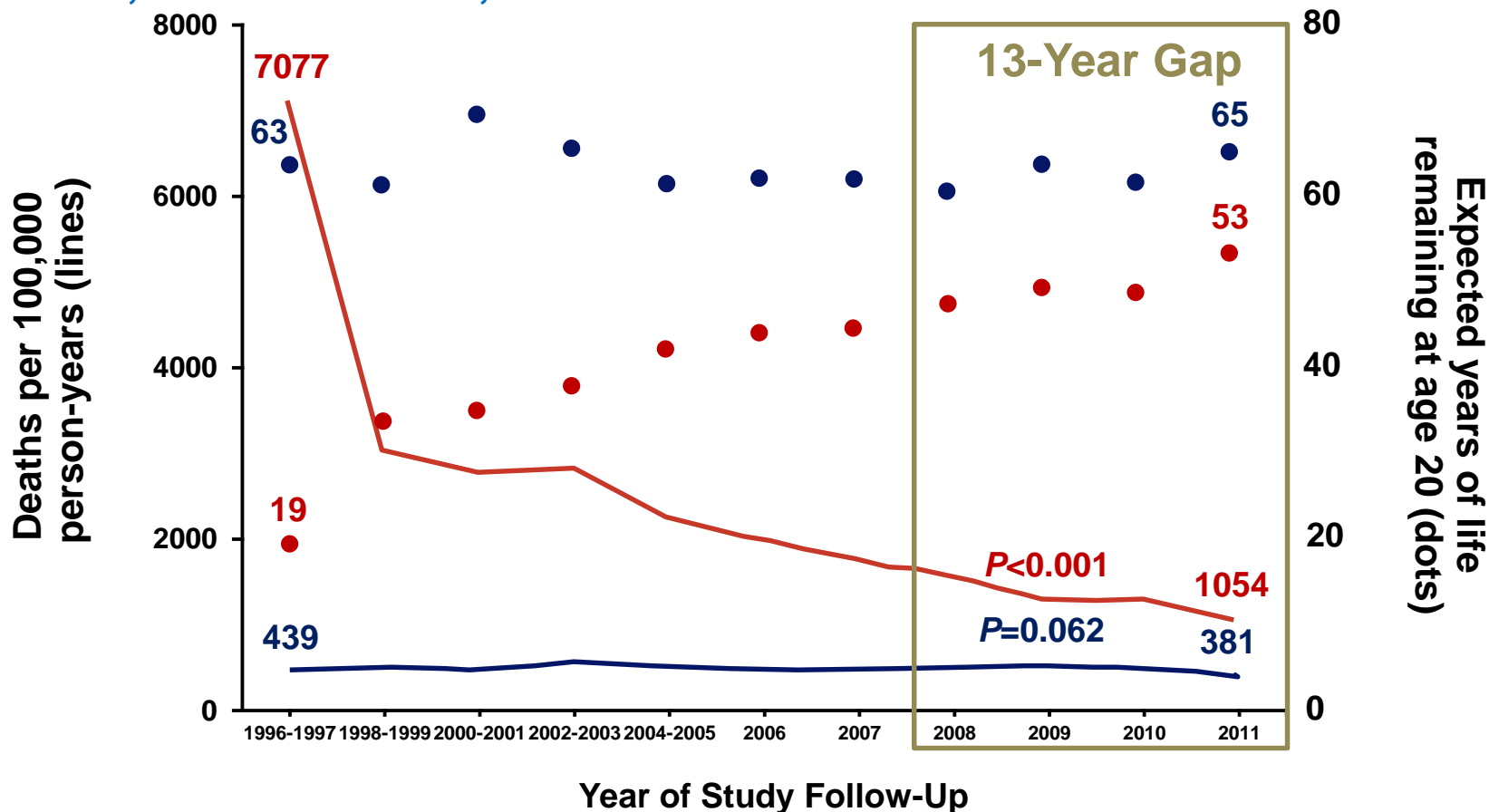


# **VIH: Inflamación, el enemigo invisible**

**Dr. Roberto C. Arduino  
Profesor de Medicine  
McGovern Medical School  
The University of Texas-Houston**

# Kaiser Permanente HIV Cohort: Narrowing the Gap in Life Expectancy

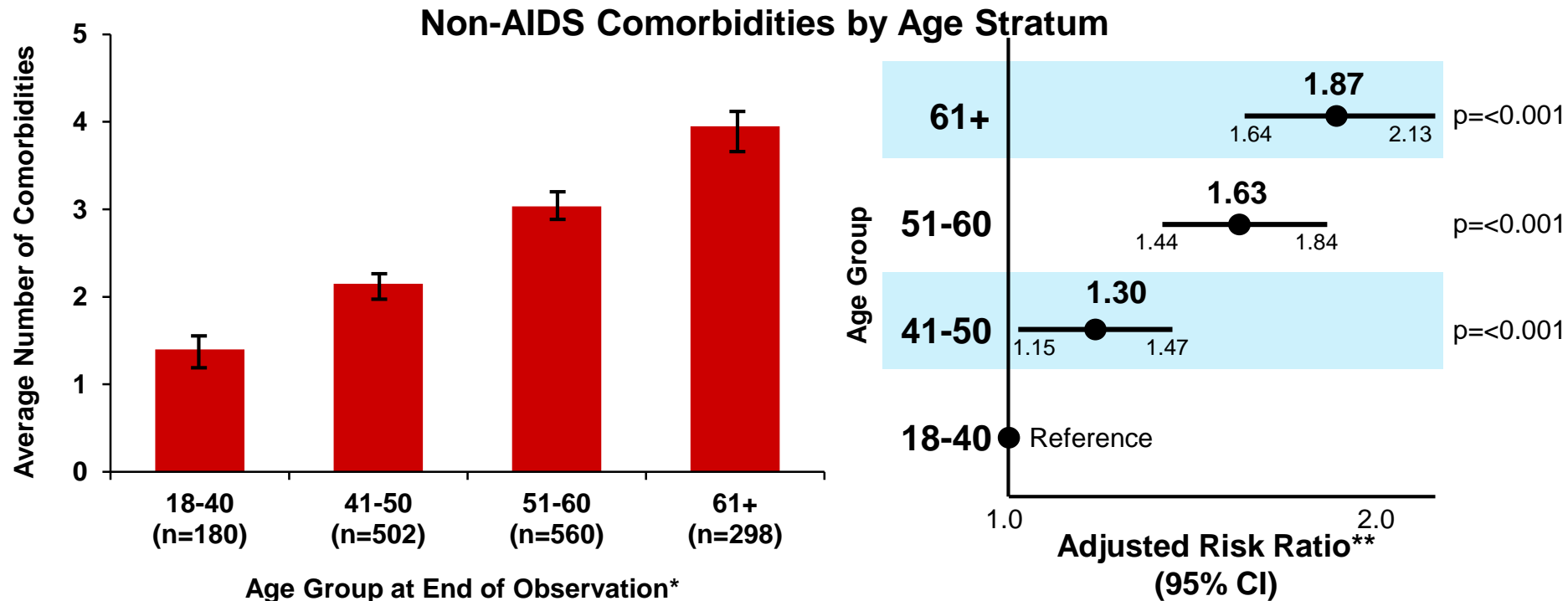
24,768 HIV+ vs. 257,600 HIV- Individuals with Access to Care



8-year gap with ART initiation at CD4  $\geq$  500. Life expectancy  $\downarrow$  Blacks, IVDU, Hispanics  
 Gap narrowed if no hepatitis B or C, drug/alcohol abuse, or smoking

# Non-AIDS Illness Burden in Aging HIV+ Adults (HOPS Cohort)

1. Non-AIDS chronic co-morbidities among 1,540 aging HIV+ adults
2. On ARV ( $\geq 75\%$  observation time with VL  $< 200$  copies/mL)
3. Seen for a minimum of 5 years at 8 US HIV clinics (1997–2015)



**Age-related increases in prevalence of multiple chronic co-morbidities and observed as early as 4<sup>th</sup> decade**

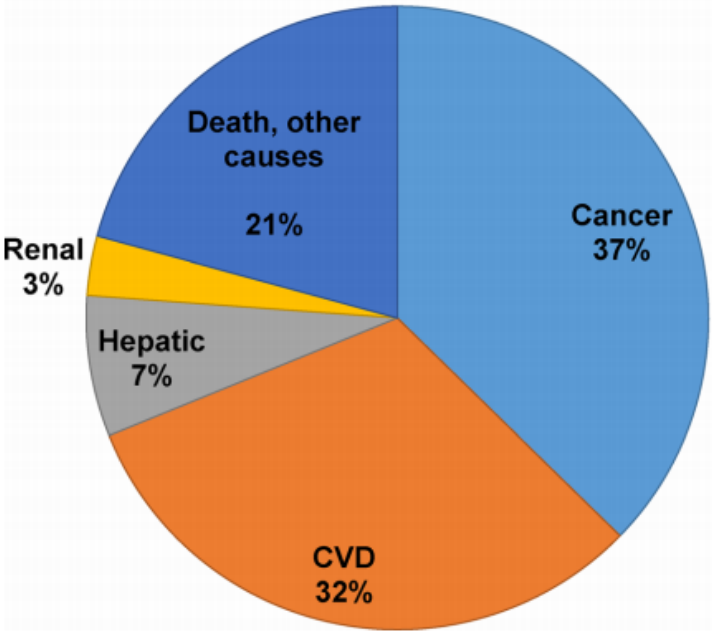
\* Bars represent 95% confidence intervals for the average number of comorbidities; p-value for trend across all groups  $< 0.001$

\*\* Included CVD, cancer, HTN, DM, dyslipidemia, degenerative joint disease/fracture, chronic HBV or HCV infection, CKD, anemia, and psychiatric illness

# Serious Non-AIDS Conditions are the Primary Cause of Severe Morbidity and Mortality in HIV-Infected People on Effective ART

3766 SMART/ESPRIT/SILCAAT participants on ARV therapy with HIV RNA levels  $\leq 500$  copies/mL followed by 5 year

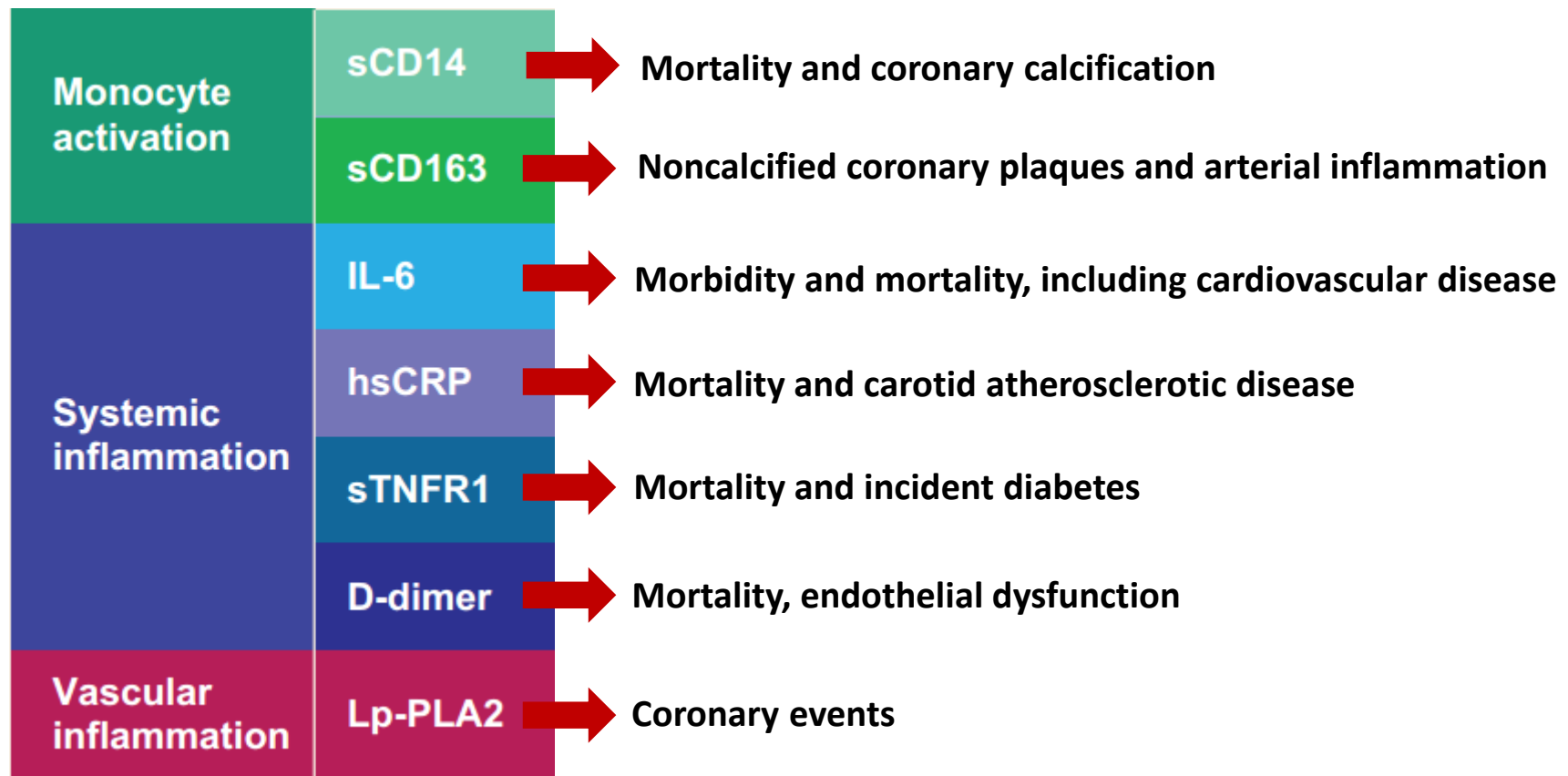
Type of the first SNA/death event



Composition of SNA/death				
Components	Overall	SMART	ESPRIT	SILCAAT
CVD	82	19	42	21
Cancer	97	32	40	25
Hepatic events	19	3	9	7
Renal events	8	2	0	6
Death, other causes	54	10	23	21
<b>Any SNA/death</b>	<b>260</b>	<b>66</b>	<b>114</b>	<b>80</b>

# Plasma Markers of Innate Immune Activation and Inflammation

Stronger predictors of non-AIDS-defining morbidity and mortality than cellular markers of T-cell activation



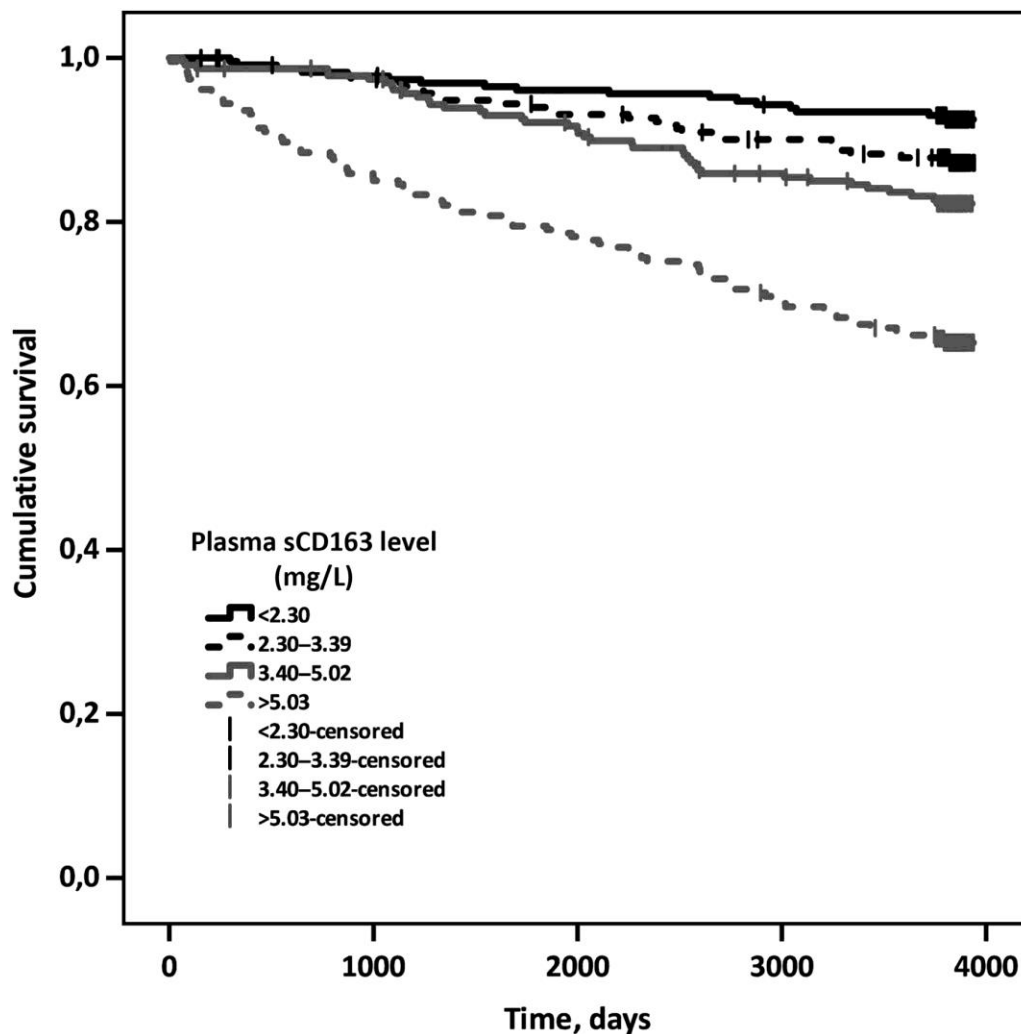
Lp-PLAA2: Lipoprotein-associated phospholipase A2

# Increased Mortality in HIV–Infected Subjects with High Baseline sCD14 Levels (SMART)

Biomarker	<25 <sup>th</sup> Percentile(Reference)	25 <sup>th</sup> – 49 <sup>th</sup> Percentile		50 <sup>th</sup> – 74 <sup>th</sup> Percentile		≥74 <sup>th</sup> Percentile	
		OR (95% CI)	<i>P</i>	OR (95% CI)	<i>P</i>	OR (95% CI)	<i>P</i>
<b>sCD14 (×10<sup>6</sup> pg/mL)</b>							
N (case patients/control subjects)	10/46	16/39		21/35		27/28	
Univariate	1.0	2.1 (0.8–5.7)	.12	3.3 (1.3– 8.6)	.01	6.0 (2.2–16.1)	<.001
Adjusted—risk factors <sup>a</sup>	1.0	2.8 (0.8–10.0)	.10	2.7 (.8–9.0)	.11	8.0 (2.0–31.9)	.003
Adjusted—inflammation <sup>b</sup>	1.0	2.3 (0.7–8.1)	.18	2.9 (.9–9.4)	.07	4.1 (1.2–13.9)	.02
<b>LPS, pg/mL</b>							
N (case patients/control subjects)	0	20/35		22/34		15/40	
Univariate	1.0	1.5 (0.6–3.5)	.39	1.6 (.7–3.7)	.25	0.9 (0.4–1.9)	.76
Adjusted—risk factors <sup>a</sup>	1.0	1.1 (0.4–3.1)	.82	1.3 (.5–3.5)	.63	0.4 (0.2–1.2)	.11
Adjusted—inflammation <sup>b</sup>	1.0	1.5 (0.5–4.7)	.45	1.4 (.5–4.4)	.55	1.2 (0.4–3.2)	.78
<b>I-FABP, pg/mL</b>							
N (case patients/control subjects)	23/59	9/20		19/36		23/32	
Univariate	1.0	1.1 (0.5–2.7)	.79	1.4 (.6–2.9)	.42	1.8 (0.9–3.7)	.10
Adjusted—risk factors <sup>a</sup>	1.0	1.2 (0.4–3.6)	.80	2.2 (.8–5.9)	.12	1.8 (0.7–4.4)	.20
Adjusted—inflammation <sup>b</sup>	1.0	1.5 (0.5–4.5)	.44	1.7 (.6–4.7)	.29	1.5 (0.6–3.9)	.38

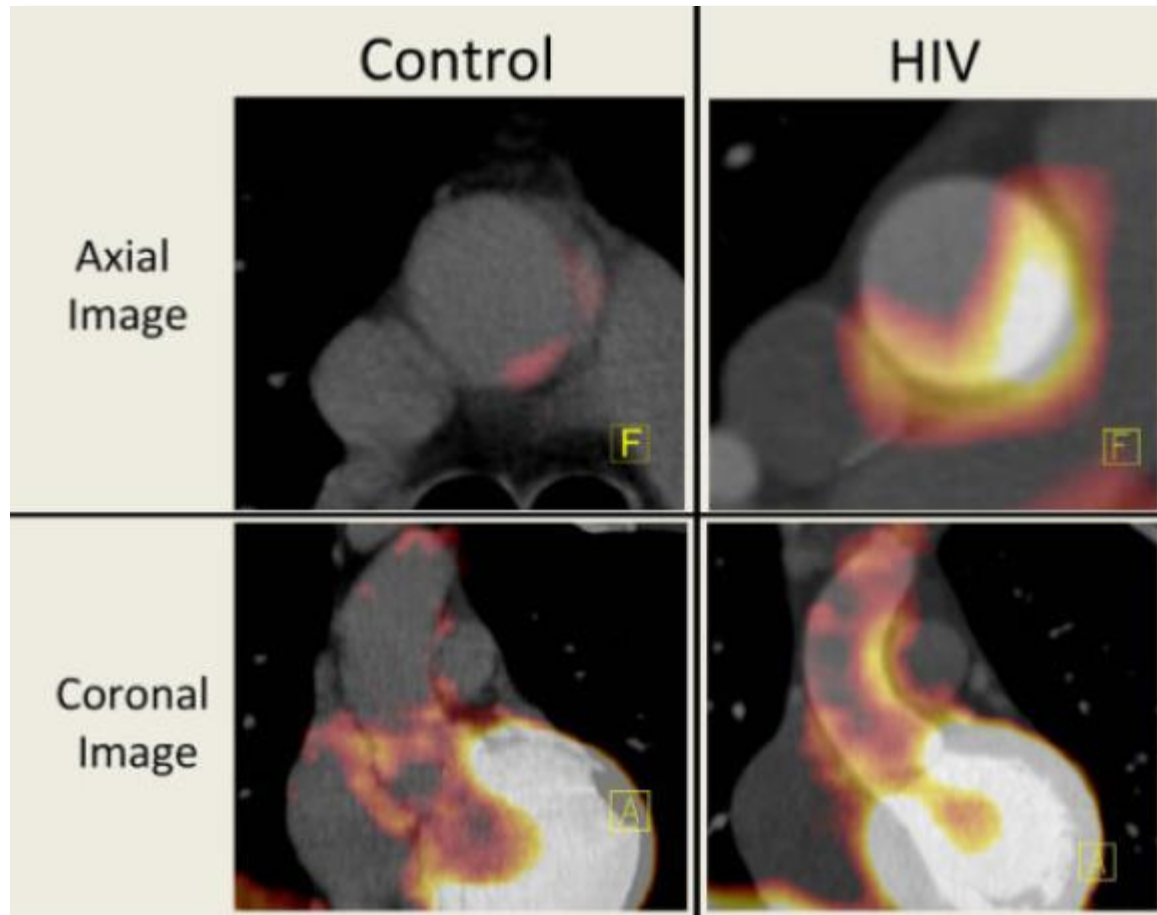
# Plasma sCD163 Independently Predicts All-Cause Mortality in HIV-Infected Individuals

## 933 HIV-Infected Individuals on ART



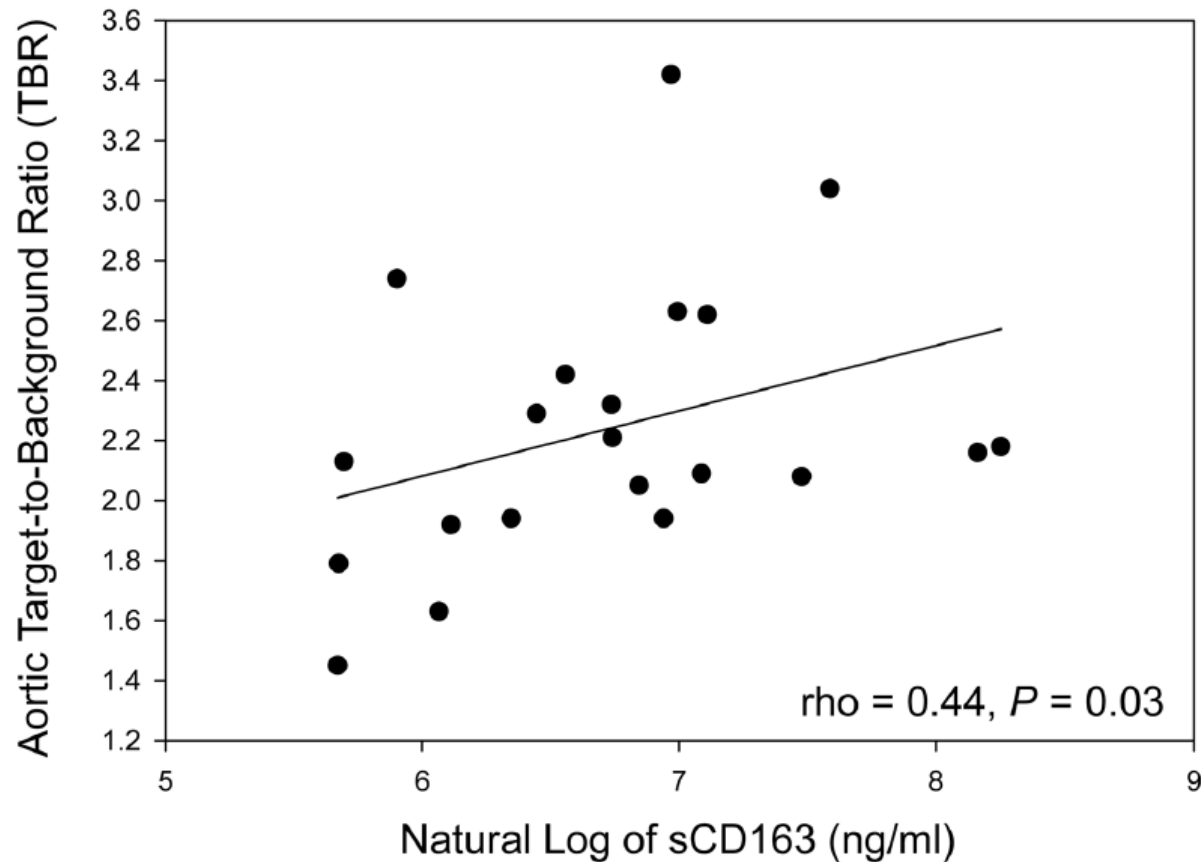
# Axial and Coronal Images of the Aorta on FDG-PET

Increased aortic PET-FDG uptake (red coloration) in an HIV-infected subject (42 years old) compared with a non-HIV FRS-matched control subject (43 years old)





# Linear regression of Aortic Target-to-Background Ratio versus the natural log of sCD163 among HIV-infected patients with undetectable Viral Load (n=21)



# Circulating CD16+ Monocytes Associated with Greater Likelihood of 2-Year CAC Progression

	Multivariate Model (n=436)		Restrict Cohort to Suppressed VL (n=314)		Restrict Outcome to CAC increase (n=436)		Restrict Outcome to CAC Incidence (n=436)	
Monocytes (%)	OR*	(95% CI)	OR*	(95% CI)	OR*	(95% CI)	OR*	(95% CI)
CD14+/CD16-	0.64	(0.32, 1.25)	0.65	(0.32, 1.31)	0.04	(0.00, 0.79)	1.53	(0.31, 7.42)
CD14+/CD16+	1.66	(1.09, 2.55)	2.02	(1.21, 3.38)	2.87	(1.21, 6.77)	1.13	(0.67, 1.89)
CD14 <sup>dim</sup> /CD16+	1.36	(0.98, 1.88)	1.48	(1.01, 2.17)	1.81	(1.01, 3.25)	1.10	(0.73, 1.67)
CD14 <sup>var</sup> /CD16+	1.69	(1.13, 2.55)	1.96	(1.21, 3.18)	3.13	(1.35, 7.28)	1.16	(0.71, 1.89)
<b>T-cells (%)</b>								
CD4+/HLADR+/CD38+	1.17	(0.87, 1.58)	1.10	(0.78, 1.55)	1.16	(0.58, 2.31)	1.10	(0.74, 1.63)
CD4+/CD57+/CD38+	1.09	(0.83, 1.41)	1.26	(0.93, 1.70)	1.60	(0.98, 2.60)	0.83	(0.58, 1.19)
CD4+/CD57+	1.03	(0.80, 1.31)	1.02	(0.76, 1.35)	1.43	(0.93, 2.21)	0.84	(0.61, 1.14)

## CD14 and CD16 phenotypes:

classical (CD14+/CD16-)

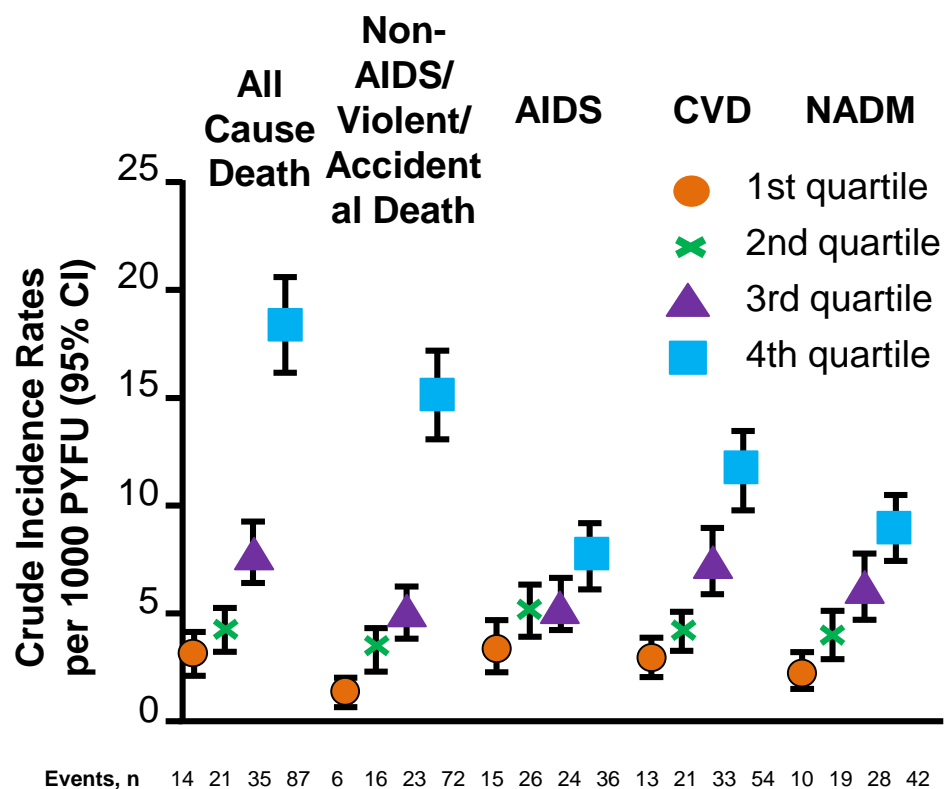
intermediate (CD14+/CD16+)

nonclassical (CD14<sup>dim</sup>/CD16+)

# Plasma IL-6 Levels Correlated With Incidence of Mortality

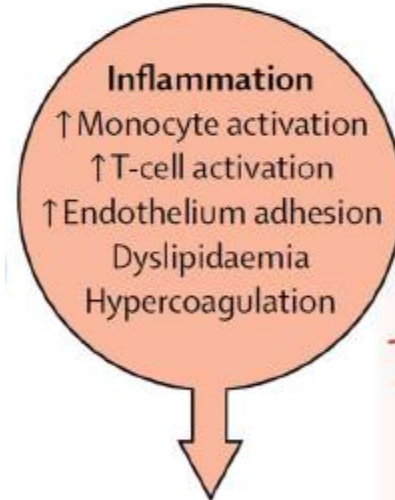
- SMART and ESPRIT trials (control arms)
- 19,000 person-yrs of follow-up among 4304 patients (median age: 42 yrs; median CD4+ cell count: 526; 77% men)
  - 157 all-cause deaths
  - 117 non-AIDS deaths
  - 101 AIDS
  - 121 CVD
  - 99 NADM (non-AIDS defining Malignancies)
- **Baseline plasma IL-6 was a stronger predictor of all cause mortality and many fatal non-AIDS events than D-dimer and hsCRP**

## Crude Incidence of Clinical Outcomes by Plasma IL-6



# Causes of Immune Activation/Chronic inflammation in HIV-Infection

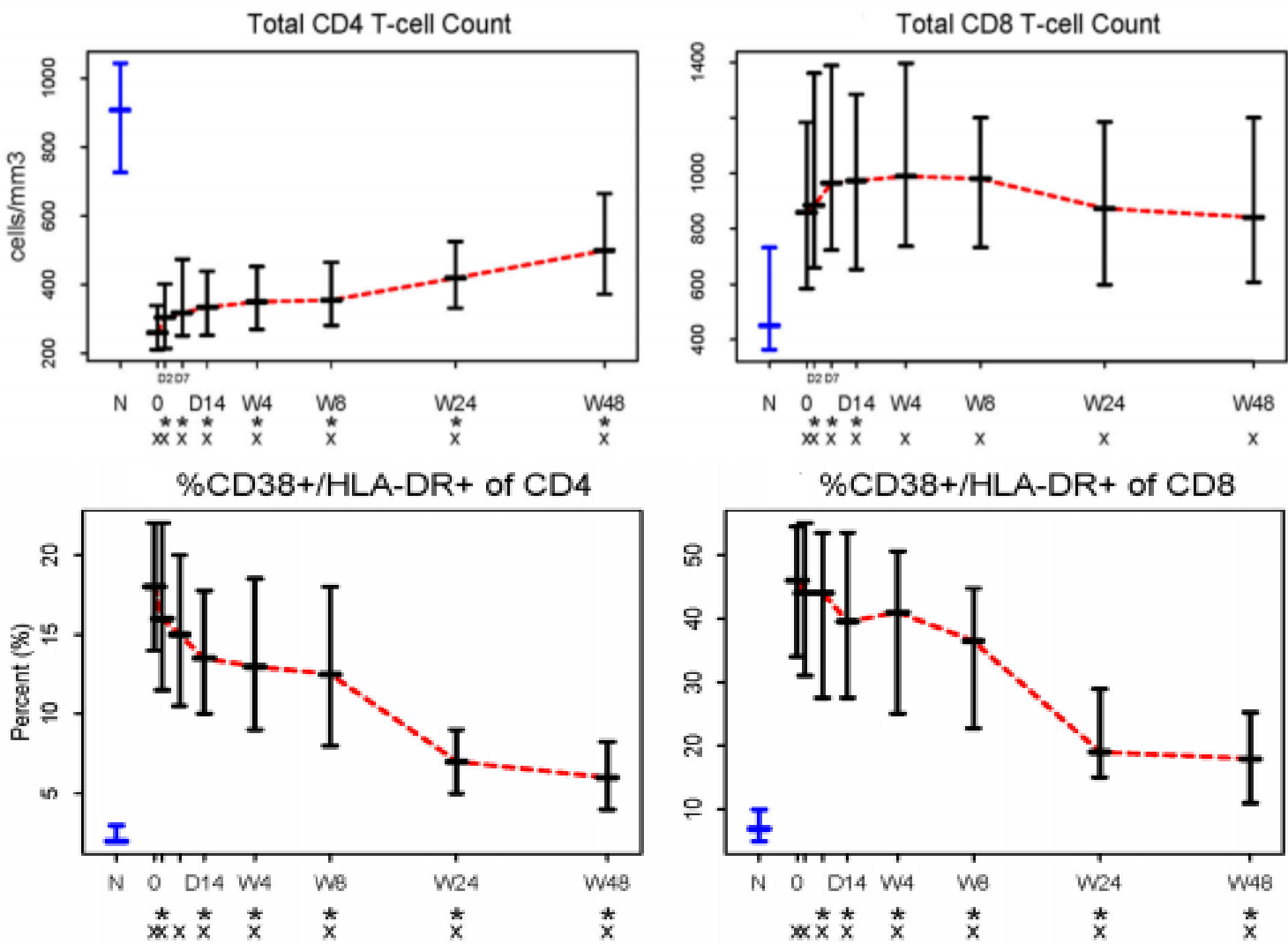
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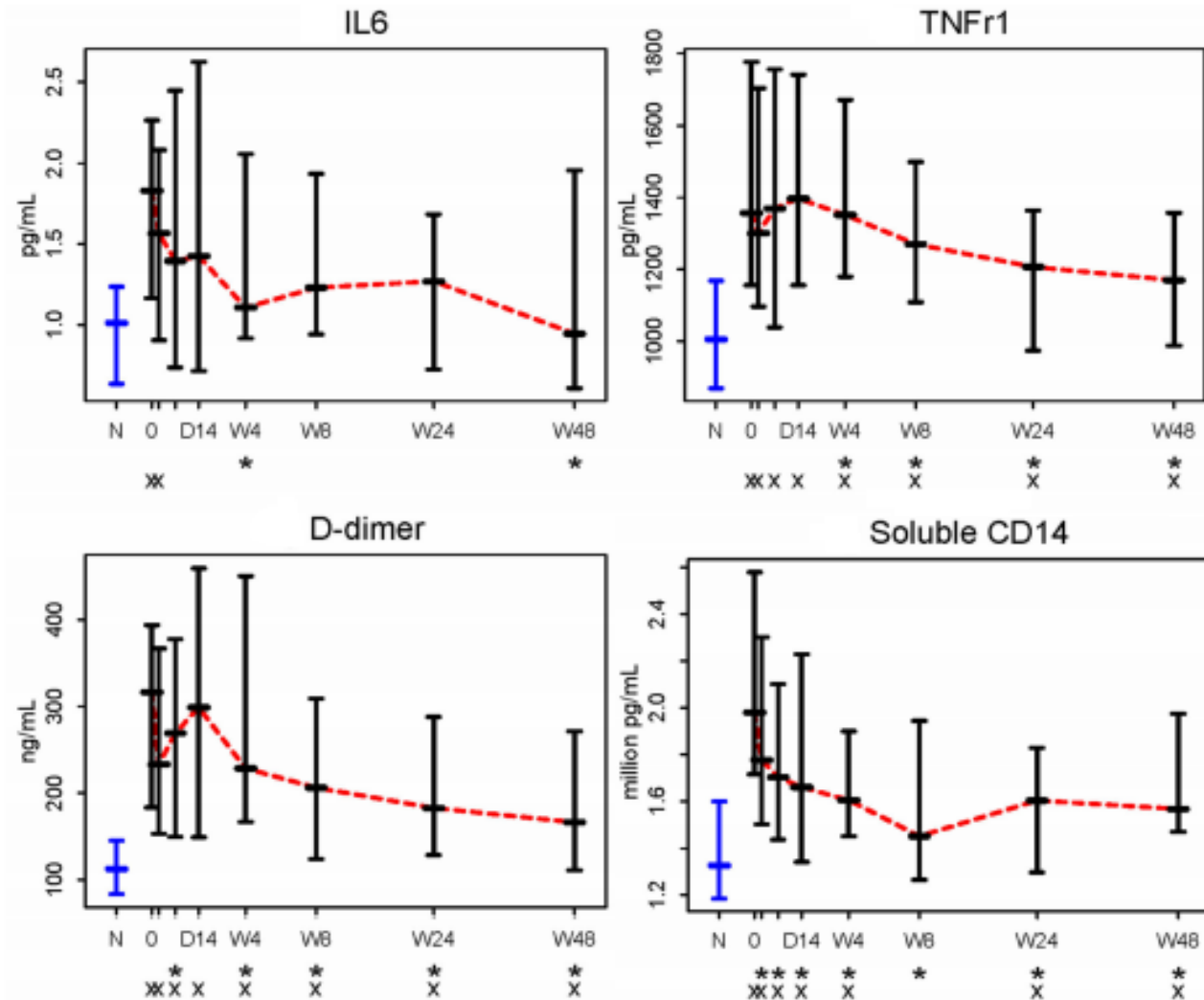
## Comorbidities

(cardiovascular disease, cancer, kidney disease,  
liver disease, osteopenia/osteoporosis, neurocognitive disease)

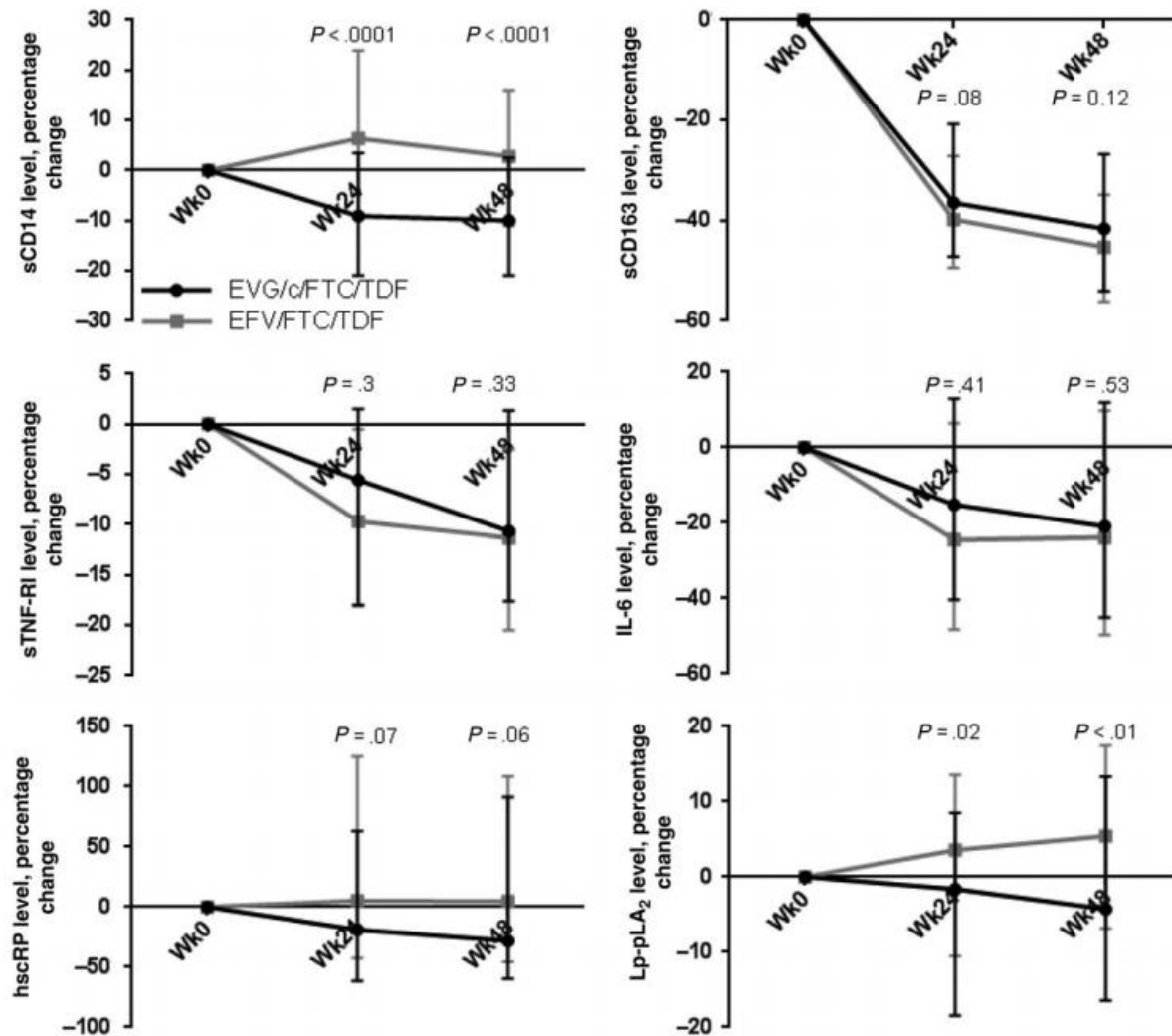
# Immune Reconstitution and Activation Markers in 39 Treatment-Naïve HIV-Infected Patients Treated with RAL/TDF/FTC



# Immune Reconstitution and Activation Markers in HIV+ Treatment-Naïve Patients Treated with RAL/TDF/FTC



# Greater Decreases in sCD14, hsCRP, and Lp-PLA<sub>2</sub> with EVG/c/FTC/TDF than EFV/FTC/TDF

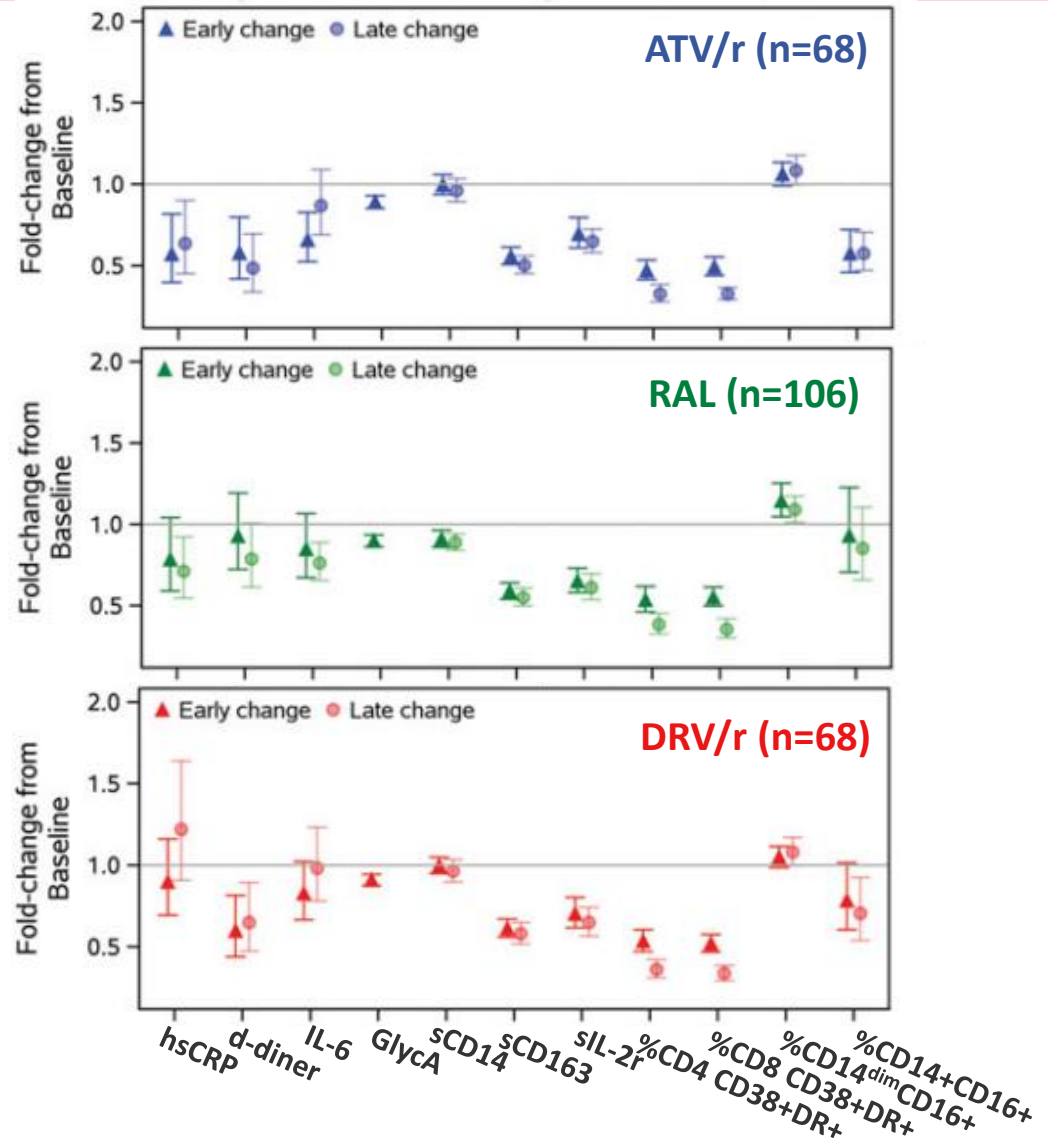


# No Consistent Pattern in Reduction of IA and Inflammation Between RAL and bPI Regimens

## A5260s

Early Change: from BSL to W24 or W48

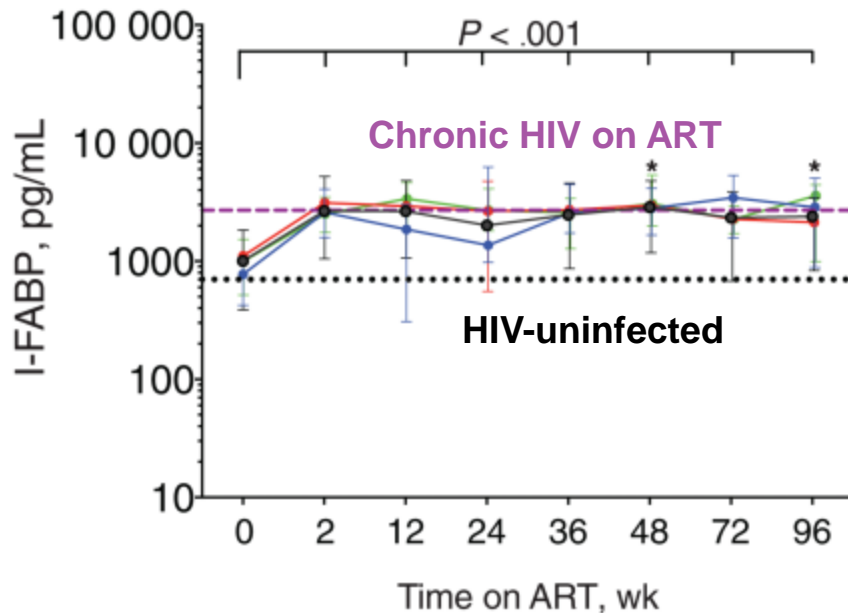
Late Change: from BSL to W96



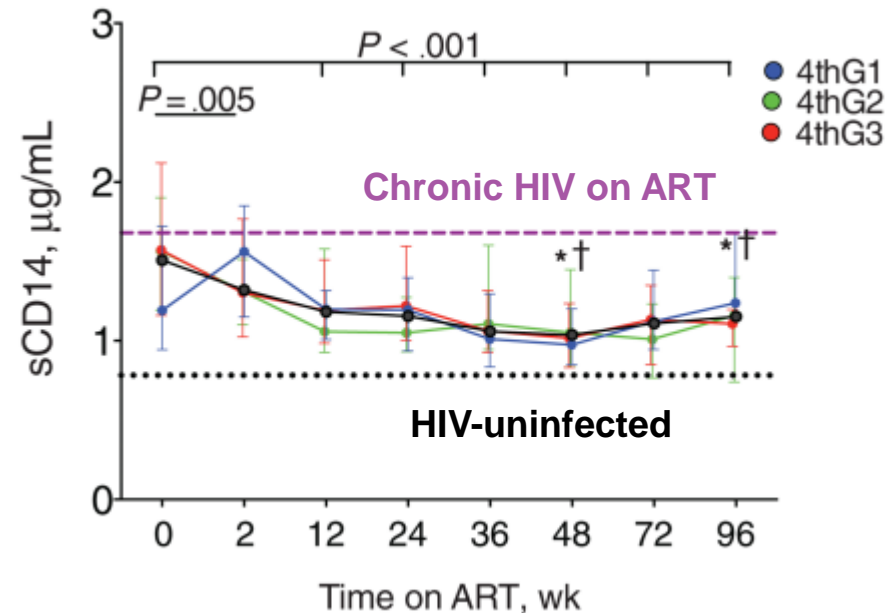


# Inflammation Persists Despite Early Initiation of ART in Acute HIV Infection

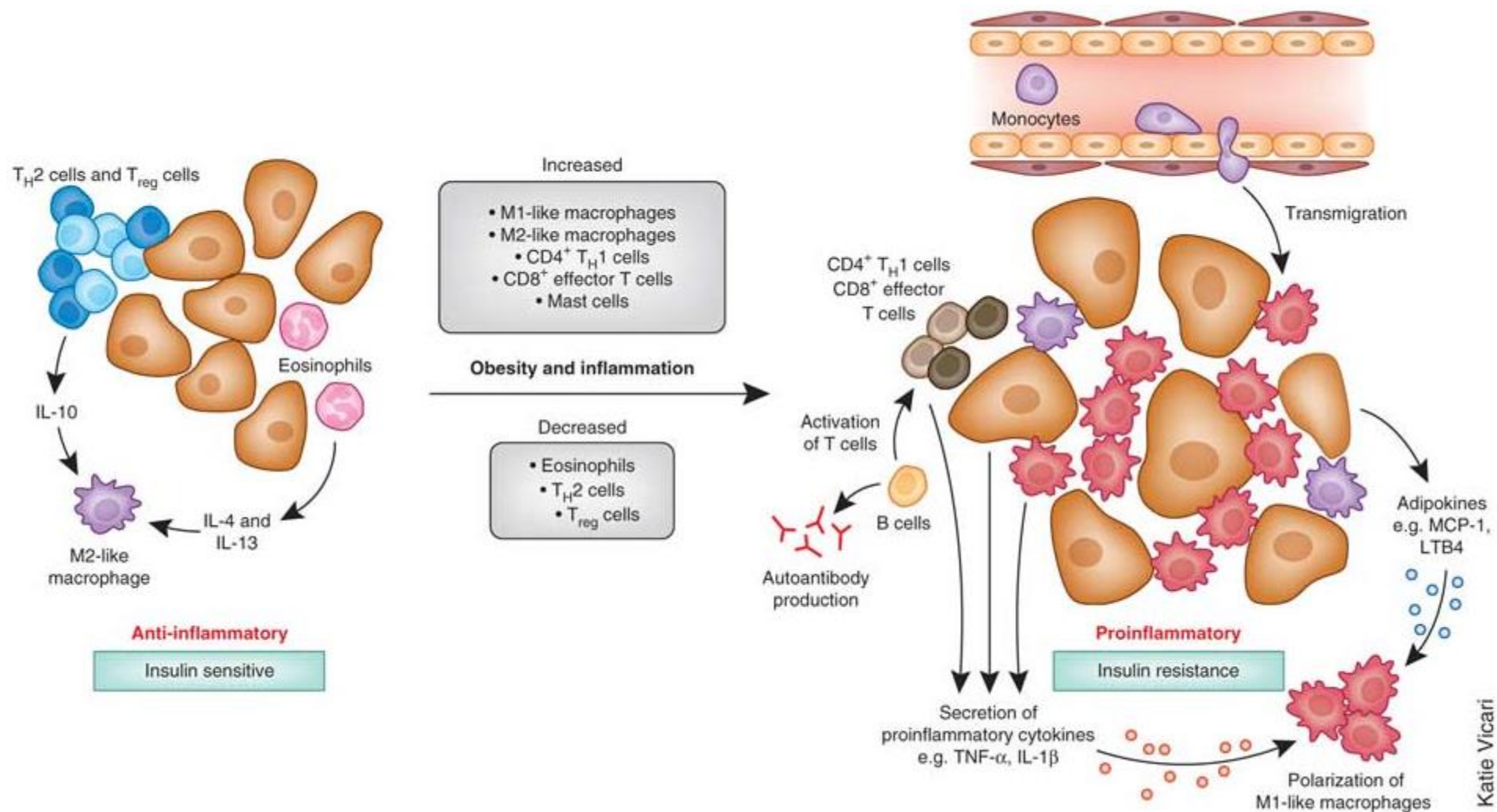
## Enterocyte turnover



## LPS-induced monocyte activation



# Immune Cells Mediate Inflammation in Adipose Tissue



Katie Vicari

# Obesity of Associated with Increased Serum Inflammatory Markers in HIV-Infected Persons

AIDS RESEARCH AND HUMAN RETROVIRUSES  
Volume 32, Number 1, 2016  
© Mary Ann Liebert, Inc.  
DOI: 10.1089/aid.2015.0147

OUTCOMES RESEARCH

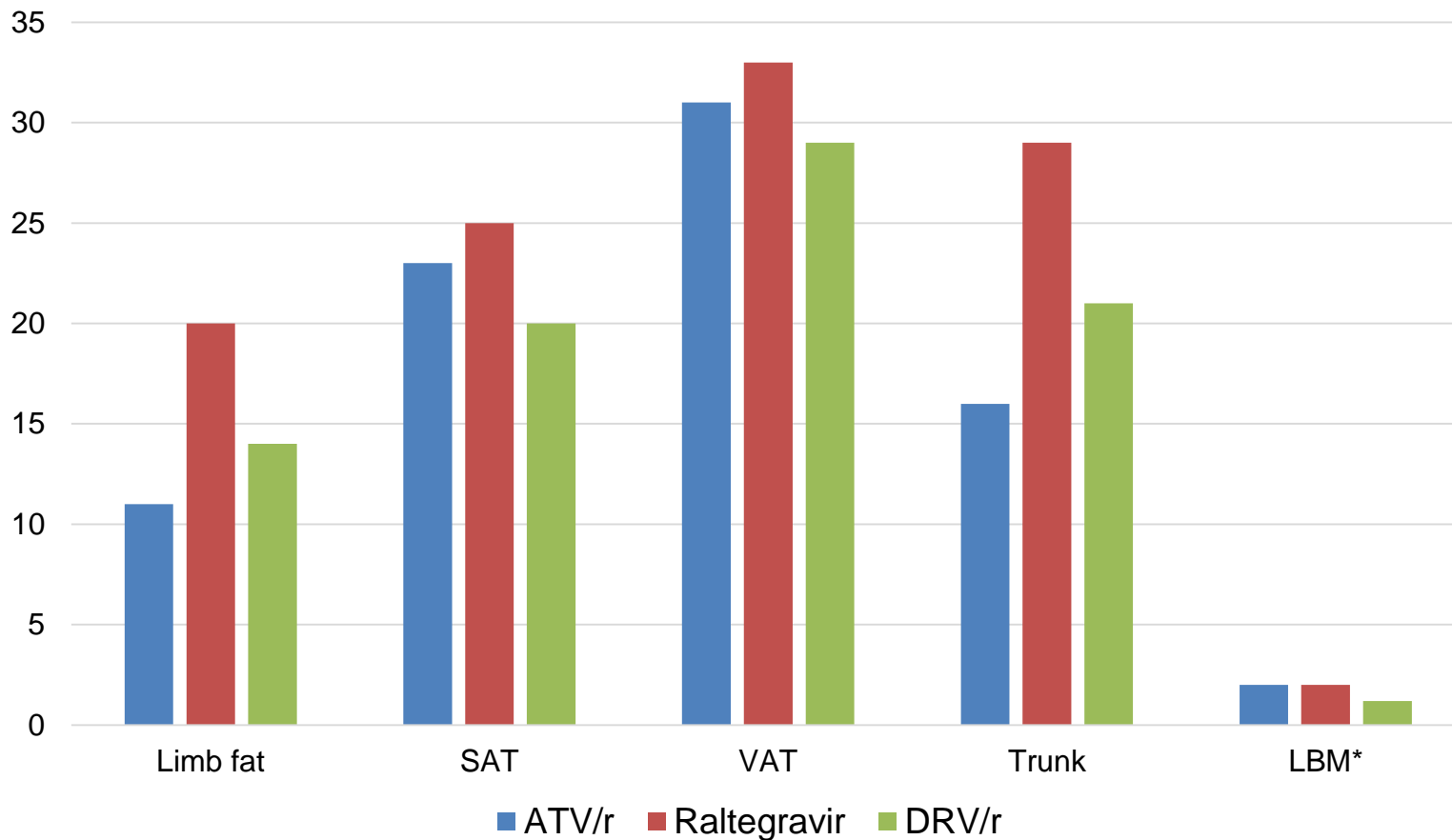
## Rising Obesity Prevalence and Weight Gain Among Adults Starting Antiretroviral Therapy in the United States and Canada

John R. Koethe,<sup>1</sup> Cathy A. Jenkins,<sup>1</sup> Bryan Lau,<sup>2</sup> Bryan E. Shepherd,<sup>1</sup> Amy C. Justice,<sup>3,4</sup> Janet P. Tate,<sup>3,4</sup> Kate Buchacz,<sup>5</sup> Sonia Napravnik,<sup>6</sup> Angel M. Mayor,<sup>7</sup> Michael A. Horberg,<sup>8</sup> Aaron J. Blashill,<sup>9</sup> Amanda Willig,<sup>10</sup> C. William Wester,<sup>1</sup> Michael J. Silverberg,<sup>11</sup> John Gill,<sup>12</sup> Jennifer E. Thorne,<sup>2</sup> Marina Klein,<sup>13</sup> Joseph J. Eron,<sup>6</sup> Mari M. Kitahata,<sup>14</sup> Timothy R. Sterling,<sup>1</sup> and Richard D. Moore,<sup>2</sup> for the North American AIDS Cohort Collaboration on Research and Design (NA-ACCORD)

A total of 14,084 patients from 17 cohorts contributed data; 83% were male, 57% were nonwhite, and the median age was 40 years. Median BMI at ART initiation increased from 23.8 to 24.8 kg/m<sup>2</sup> between 1998 and 2010 in NA-ACCORD, but the percentage of those obese (BMI ≥30 kg/m<sup>2</sup>) at ART initiation increased from 9% to 18%. After 3 years of ART, 22% of individuals with a normal BMI (18.5–24.9 kg/m<sup>2</sup>) at baseline had become overweight (BMI 25.0–29.9 kg/m<sup>2</sup>), and 18% of those overweight at baseline had become obese. HIV-

# ACTG 5260s: Body Composition over 96 weeks

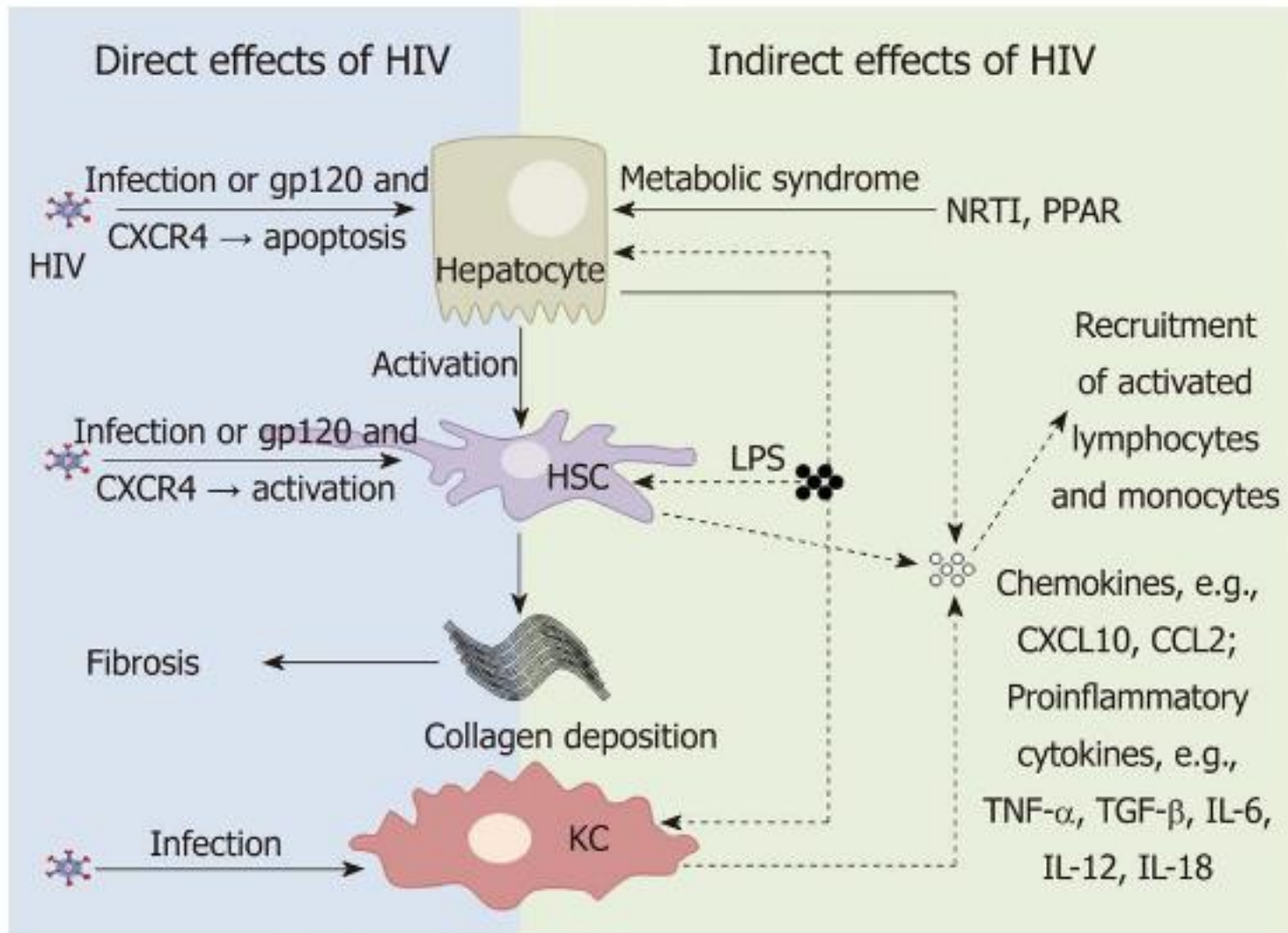
% Change in total & regional fat and lean mass



\*p=0.05 ATV/r vs DRV/r

n=328

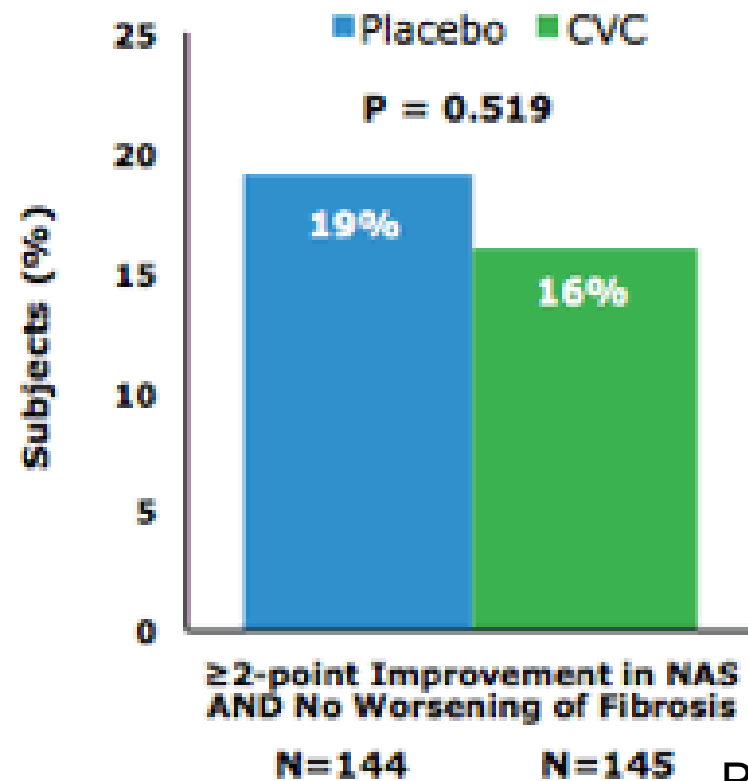
# Human Immunodeficiency Infection and the Liver



# Cenicriviroc Vs Placebo for the Treatment of Nonalcoholic Steatohepatitis with Liver Fibrosis

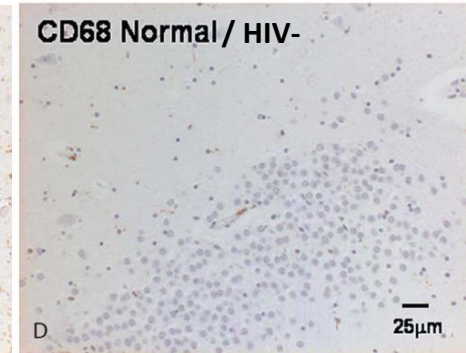
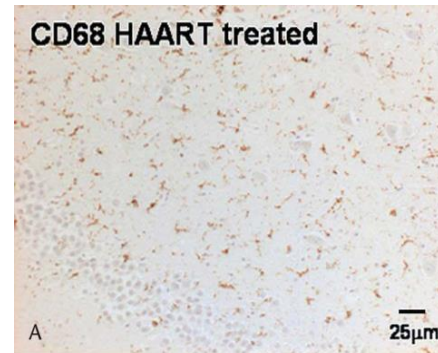
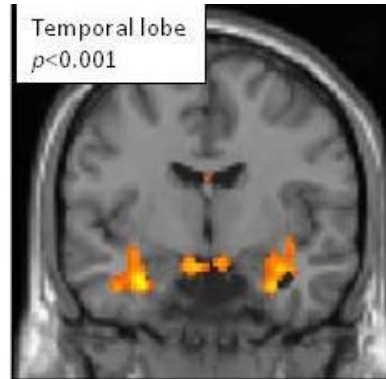
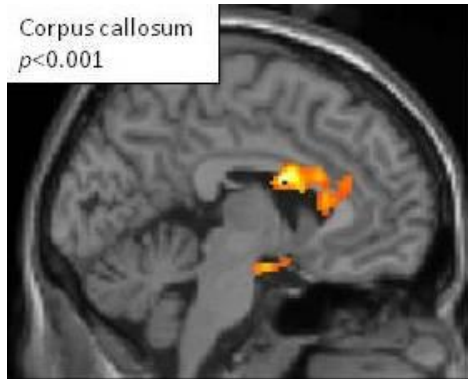
## Cenicriviroc: Dual CCR2 and CCR5 Antagonist

Primary endpoint: proportion of subjects with improvement in NAS by  $\geq 2$  points with at least a 1-point reduction in either lobular inflammation or hepatocellular ballooning AND with no concurrent worsening of fibrosis stage at Year 1



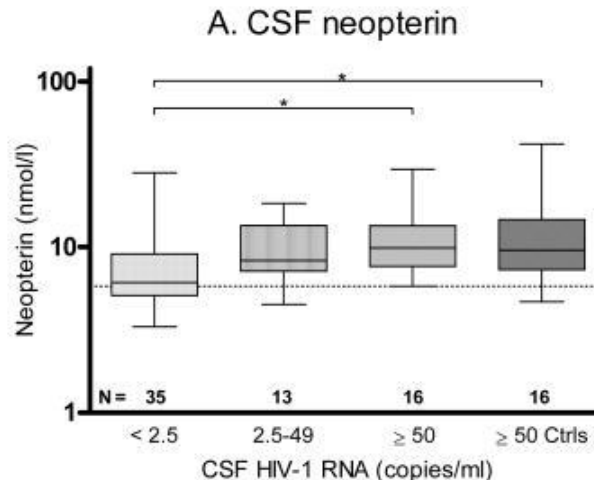
Phase 2b CENTAUR Study

# Persistent CNS Immune Activation on ART



**Positron emission tomography (PET):** Increased brain PK11195 uptake (specific for activated microglia) in 7 HIV subjects on 3.6 years suppressive ART.

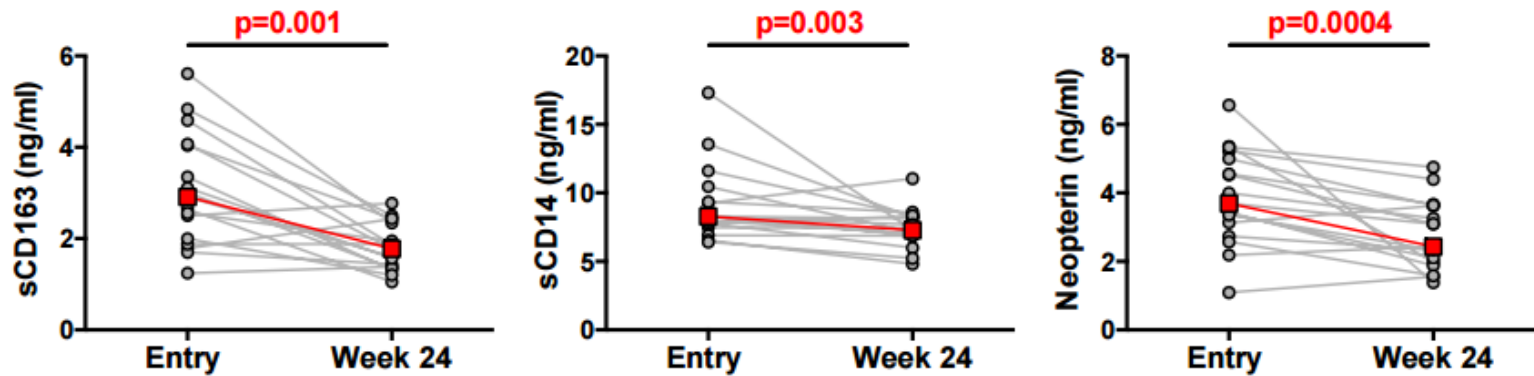
**Brain pathology:** Excess activated microglia (CD68+ cells) in HIV-infected individuals on > 1.5 years suppressive ART.



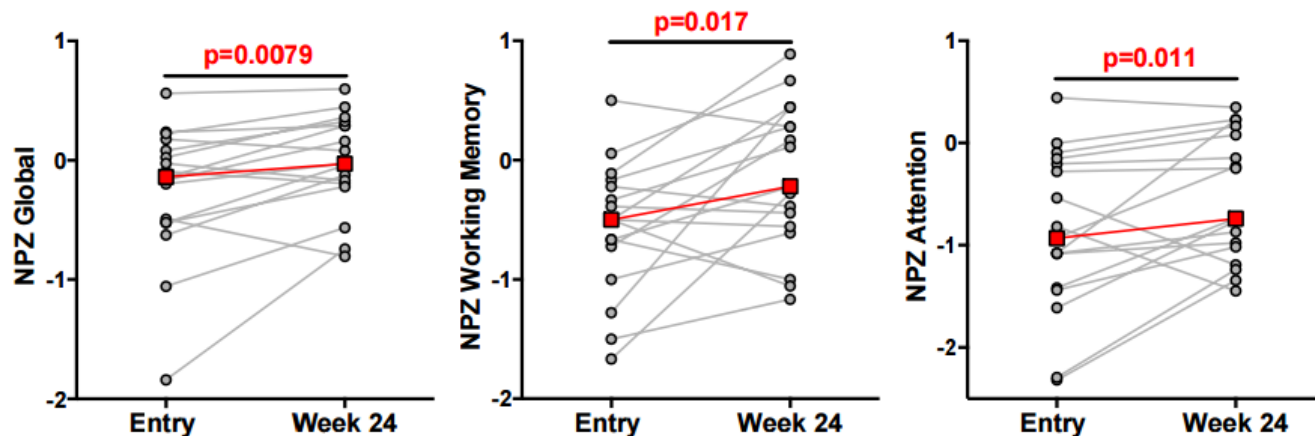
**CSF:** Elevated CSF neopterin associates with detectable CSF HIV RNA on ART.

# Intensification with Cenicriviroc, a Dual CCR2 and CCR5 Antagonist, Improves Neurocognition

CVC decreased soluble markers of monocyte/macrophage activation (sCD163, sCD14 and neopterin)

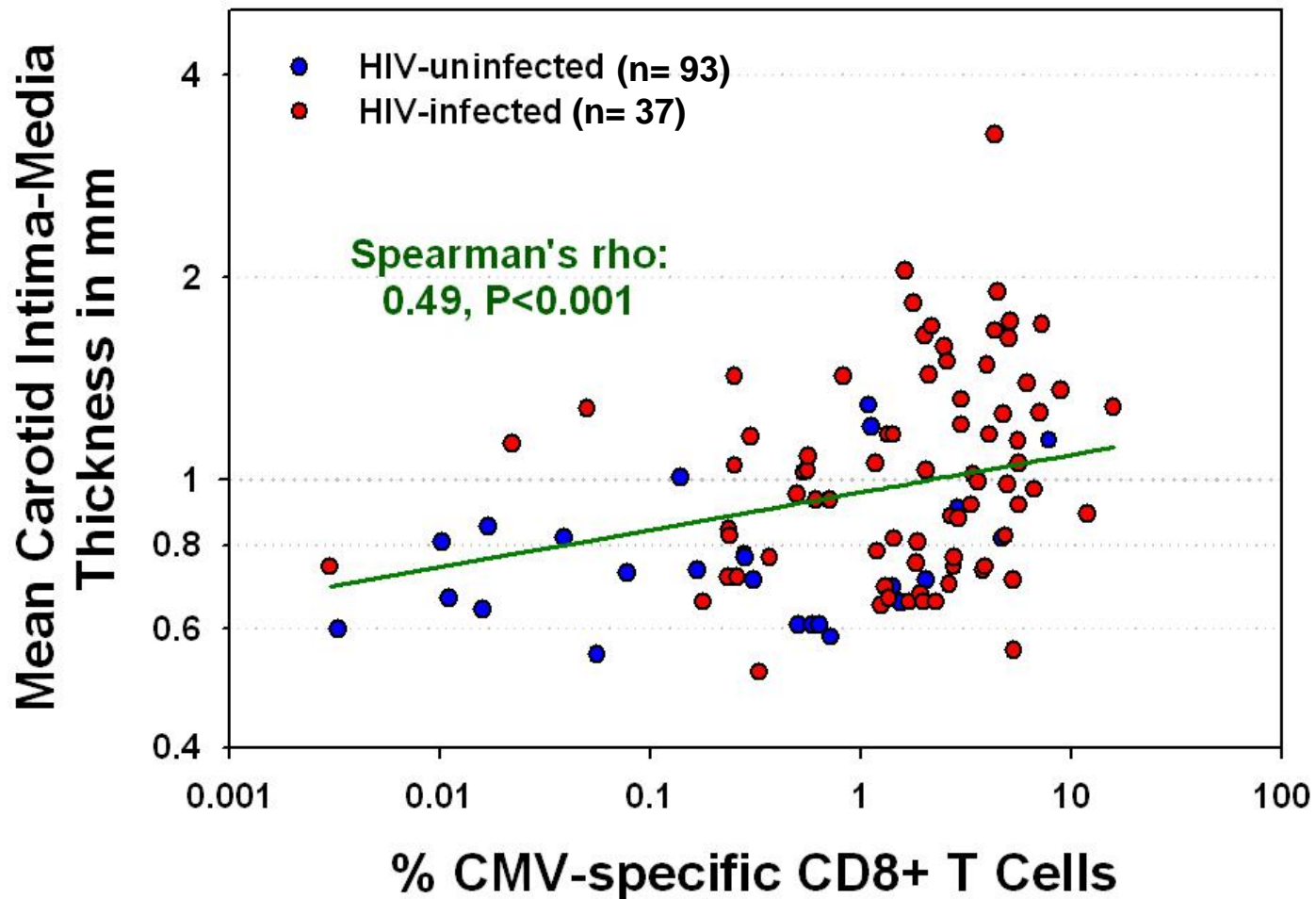


CVC improved cognitive performance in global and domains of working memory and attention



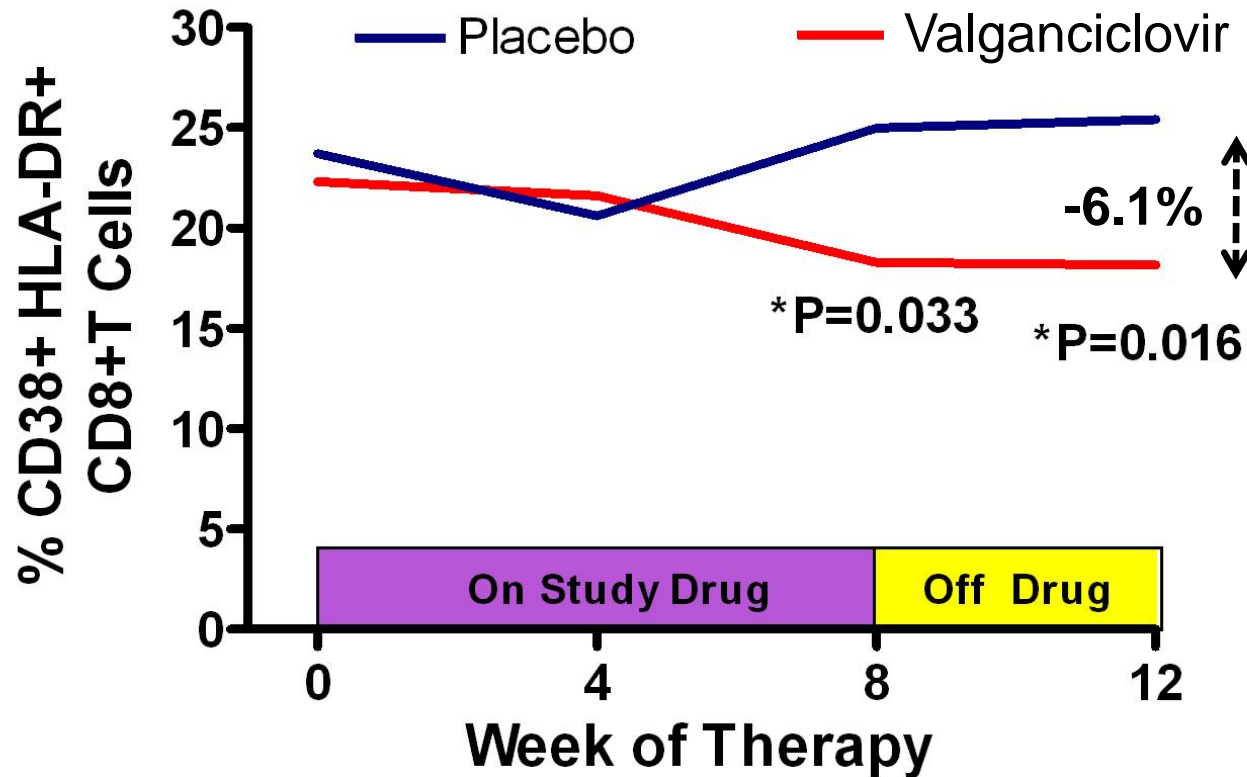


# Higher CMV-specific CD8 IFN- $\gamma$ Production Associated with More Atherosclerosis



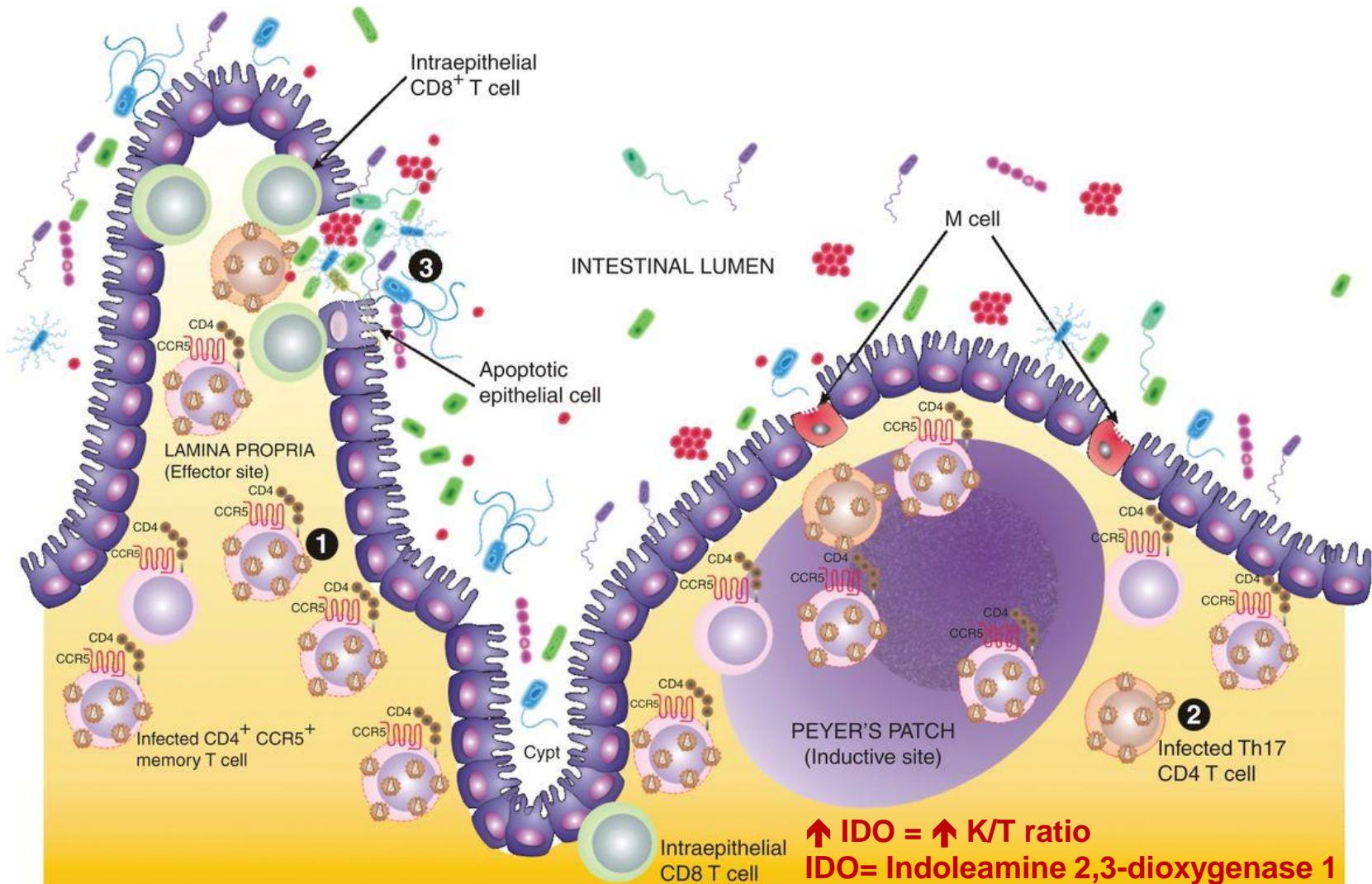
# Decreasing Asymptomatic CMV Replication with Valganciclovir Decreases Immune Activation

30 ARV-treated HIV-infected Patients with CD4<350



Valacyclovir did not decrease systemic immune activation or inflammatory biomarkers in HIV-1/HSV-2-co-infected adults on suppressive ART (Yi et al. CID 2013)

# The Effects of HIV Infection in the Gastrointestinal Tract



# Microbiome: Definitions

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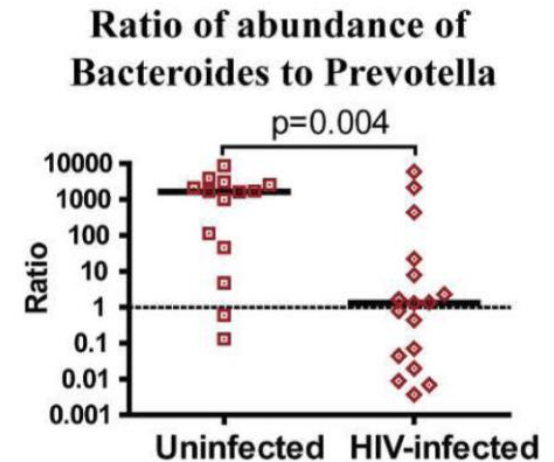
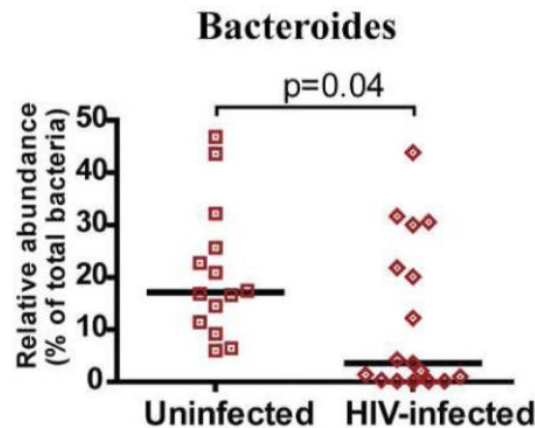
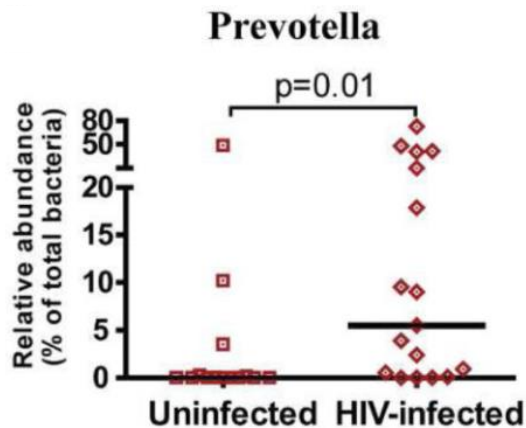
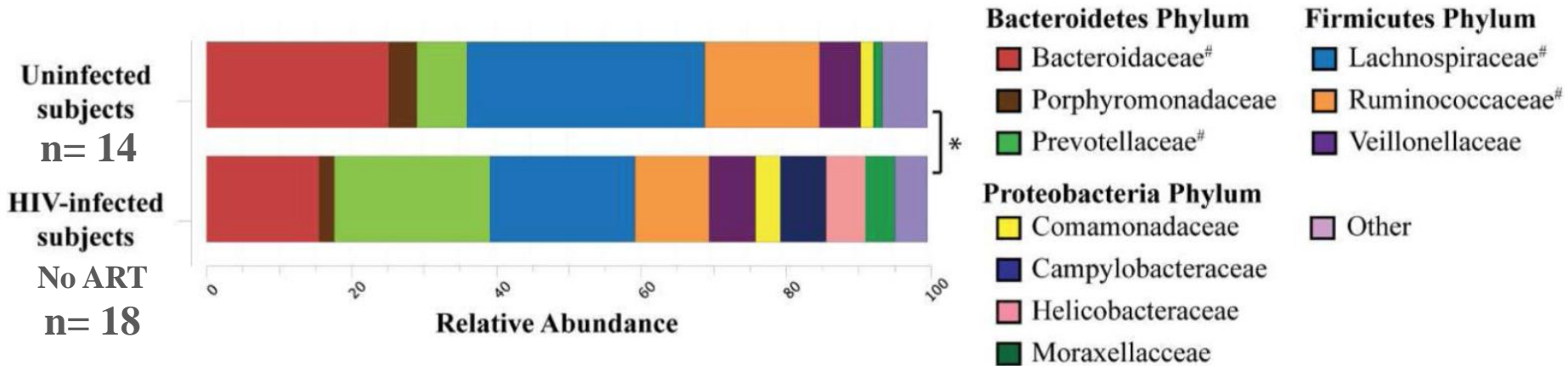
- **Microbiota:** Ecological communities of microorganisms comprising bacteria, archaea, protists, fungi and viruses found in and on all multicellular organisms
- **Microbiome:** The entirety of microorganisms, including their genes, functional gene products and metabolites, found in a given habitat, e.g., the human host, at a given point in time
- **Dysbiosis:** An imbalanced intestinal microbial community characterized by quantitative and qualitative changes in the composition of the microbiota itself, in its modified metabolic activities or in the local distribution of its members

# Gut Commensal Bacteria

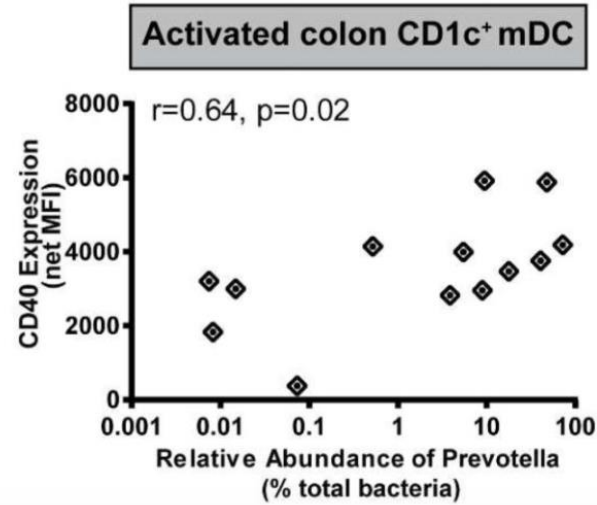
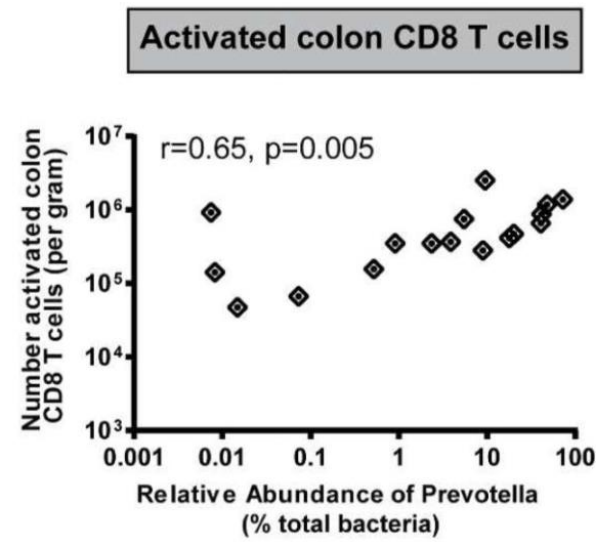
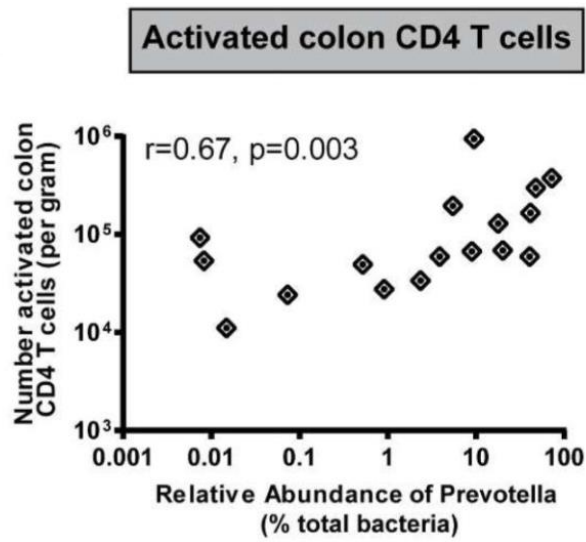
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- Gut colonized by  $10^{14}$  of microorganisms, >500 different species: bacteria, virus and fungi
- Microbiome interindividual variation at the genus and species level
- Phylum level is relatively consistent among individuals:
  - **High abundance of:**
    - Bacteroidetes (*Bacteroides*, *Prevotella*, *Porphyromonas*)
    - Firmicutes (*Lactobacillus*)
  - **Lower abundance of:**
    - Proteobacteria (*E. coli*, *Salmonella*, *Vibrio*, *Helicobacter*)
    - Tenericutes (*Mycoplasma*)
    - Fusobacteria (*Fusobacterium*)

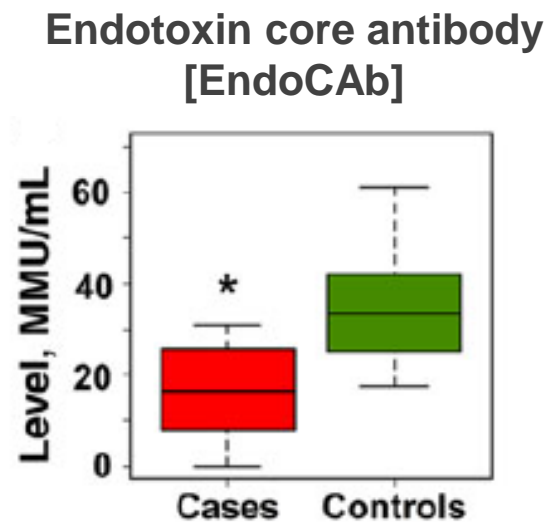
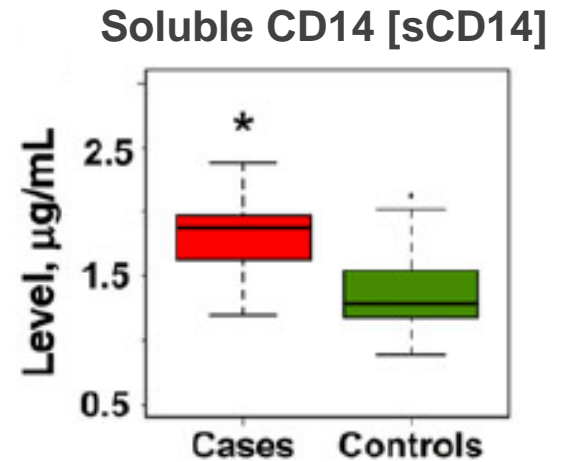
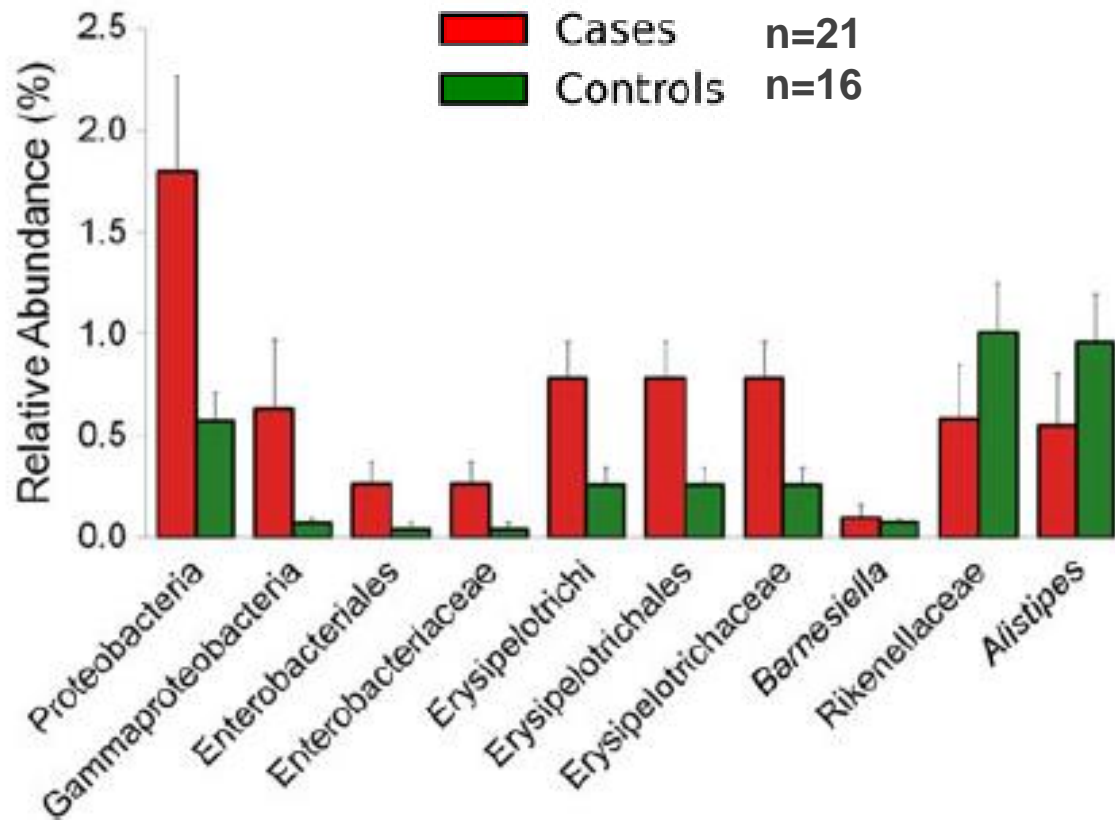
# Altered Intestinal Mucosal Microbiome in HIV-1 Infection



# HIV-1 Associated Increase in the Relative Abundance of *Prevotella* is Associated with Colonic T cell and mDC Activation



# HIV-Infected People on Suppressive ART Display Intestinal Dysbiosis Associated with Inflammation

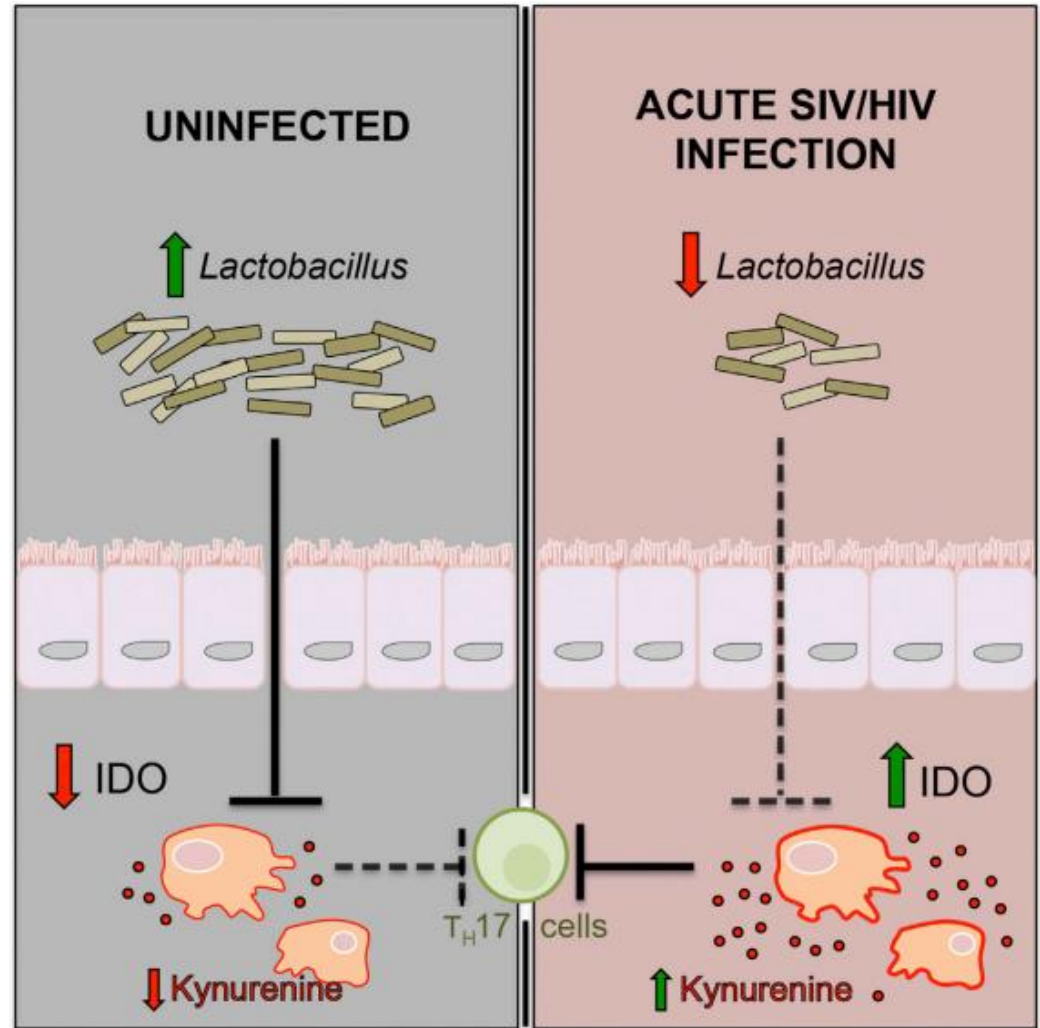




# *Lactobacillus* Abundance Associates with IDO-1 Inhibition of Th17 in SIV-Infected Macaques

- IDO-1 activity correlates with loss of barrier-promoting Th17 cells in SIV infection
- Abundance of gut-resident *Lactobacillus* correlates with IDO-1 activity and Th17 cells
- Probiotics containing *Lactobacillus* reduce IDO1 activity in SIV-infected macaques

IDO: indoleamine 2,3-dioxygenase



# Gut Microbiota and Tryptophan Catabolism Associated to Atherosclerosis in HIV Infection

**Associations of tryptophan, metabolites and carotid artery plaque**

	All		HIV+		HIV-	<i>P</i> <sub>interaction</sub>
	RR (95% CI)	P	RR (95% CI)	RR (95% CI)	RR (95% CI)	
<b>Tryptophan</b>						
Model 1*	0.75 (0.64-0.88)	<0.001	0.75 (0.63-0.89)	0.78 (0.53-1.13)	0.78	0.78
Model 2†	0.81 (0.69-0.94)	0.005	0.83 (0.70-0.98)	0.67 (0.45-0.99)	0.34	0.34
<b>Kynurenic acid</b>						
Model 1*	1.34 (1.08-1.65)	0.007	1.30 (1.03-1.64)	1.51 (0.98-2.31)	0.53	0.53
Model 2†	1.26 (1.02-1.54)	0.03	1.25 (1.01-1.55)	1.30 (0.83-2.04)	0.85	0.85
<b>Kyn/Trp ratio</b>						
Model 1*	1.41 (1.22-1.64)	<0.001	1.38 (1.18-1.62)	1.65 (1.06-2.57)	0.44	0.44
Model 2†	1.30 (1.11-1.53)	0.002	1.28 (1.08-1.51)	1.47 (0.93-2.31)	0.55	0.55

Data are risk ratio (95% CI) of focal plaque formation per SD increase in metabolites.

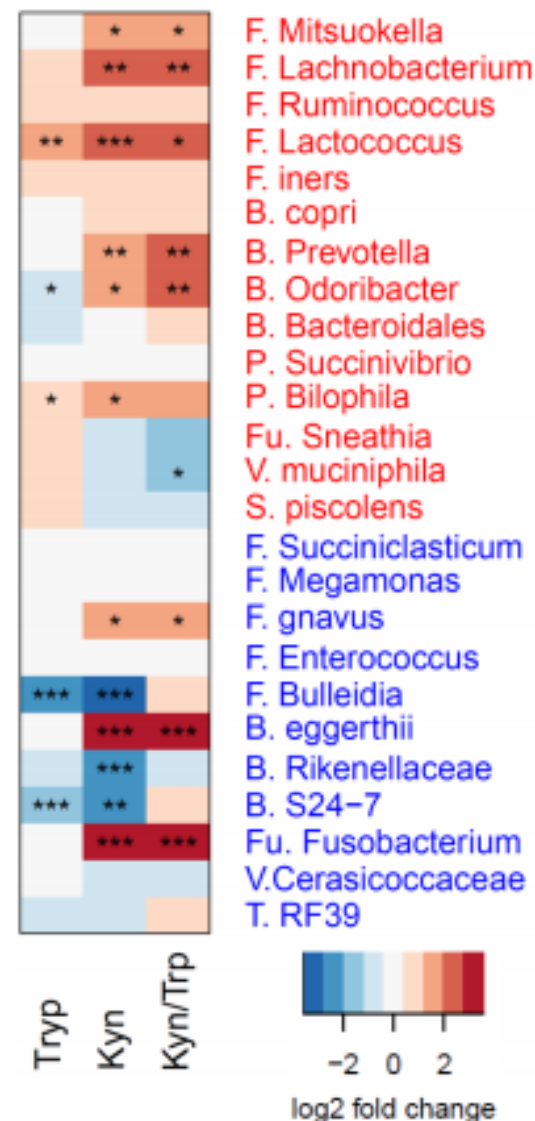
\*Model 1 adjusted for demographic, behavioral, and HIV infection related factors.

†Model 2 further adjusted for traditional CVD risk factors.

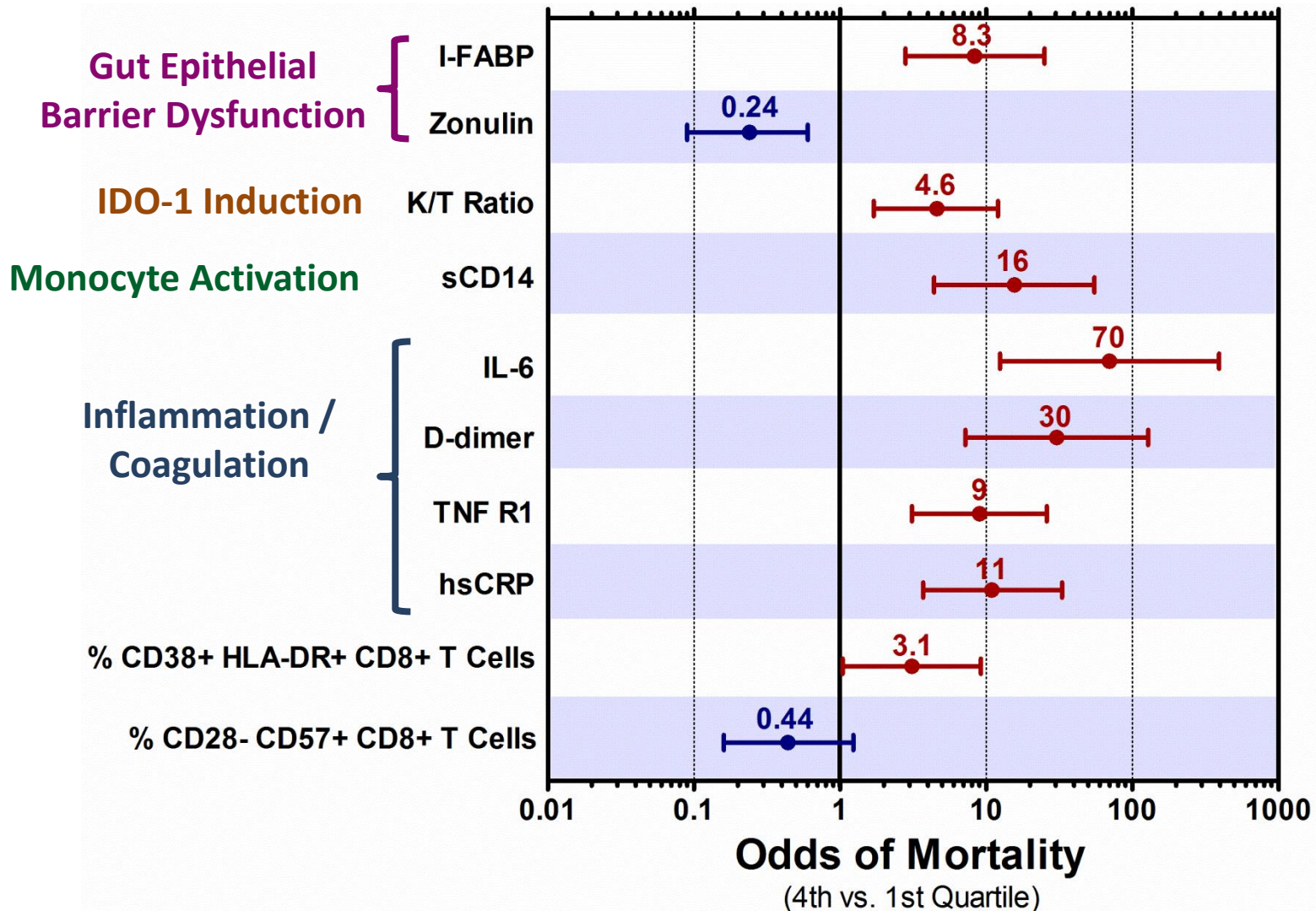
# Gut Microbiota and Tryptophan Catabolism Associated to Atherosclerosis in HIV Infection

## GMB and Tryptophan Metabolites

- Taxa increased in HIV+ (in red) showed positive associations with kynurenic acid and Kyn/Trp ratio
- Taxa decreased in HIV+ (in blue) showed inverse associations with tryptophan and kynurenic acid, but not with Kyn/Trp ratio



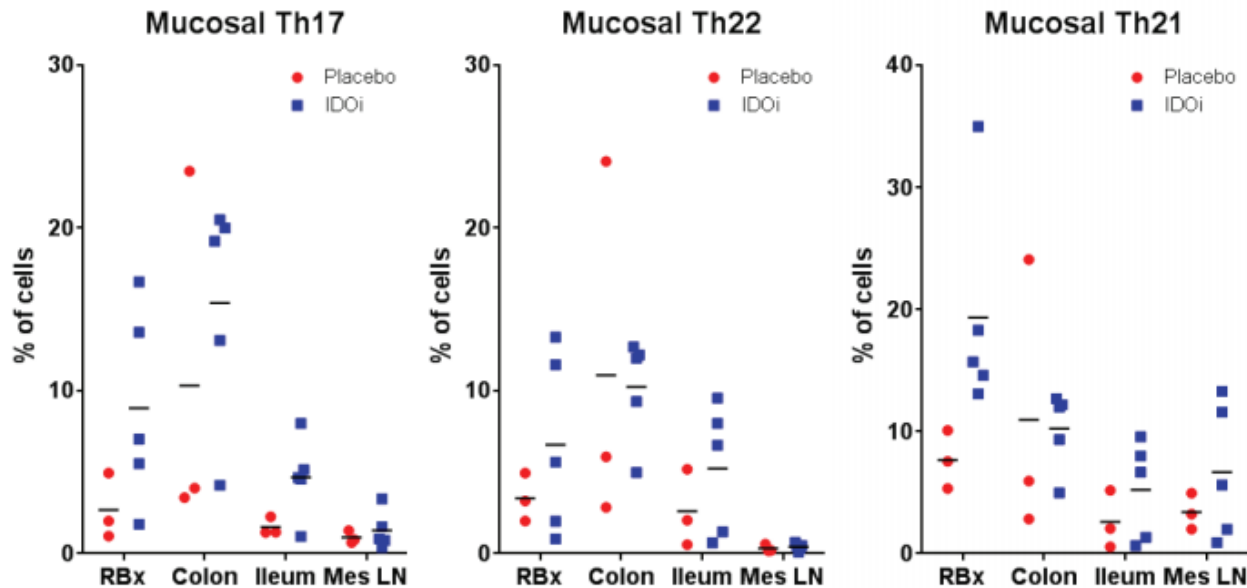
# Markers of Inflammation and Gastrointestinal Dysfunction Predict Mortality in HIV Infection



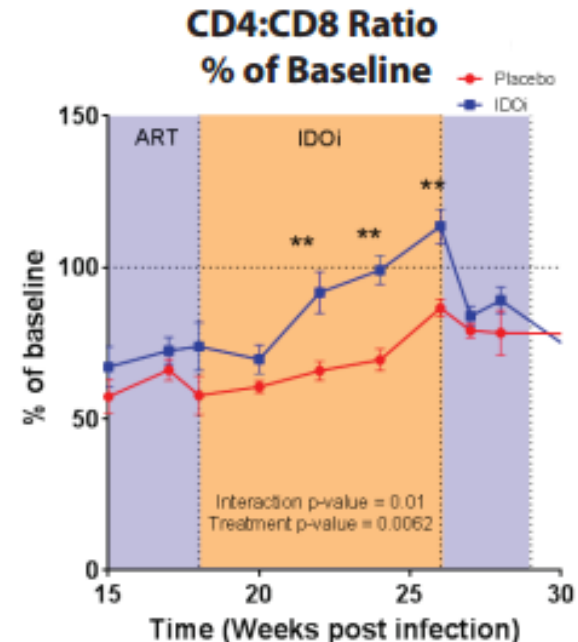
# Pharmacologic Inhibition of IDO1 Blunts Features of SIV-Related Chronic Inflammation

12 rhesus macaques infected with SIVmac251, treated with cART, and divided into two groups after virologic suppression to receive either placebo or IDOi (INCB024360) for 8 weeks while continuing ART.

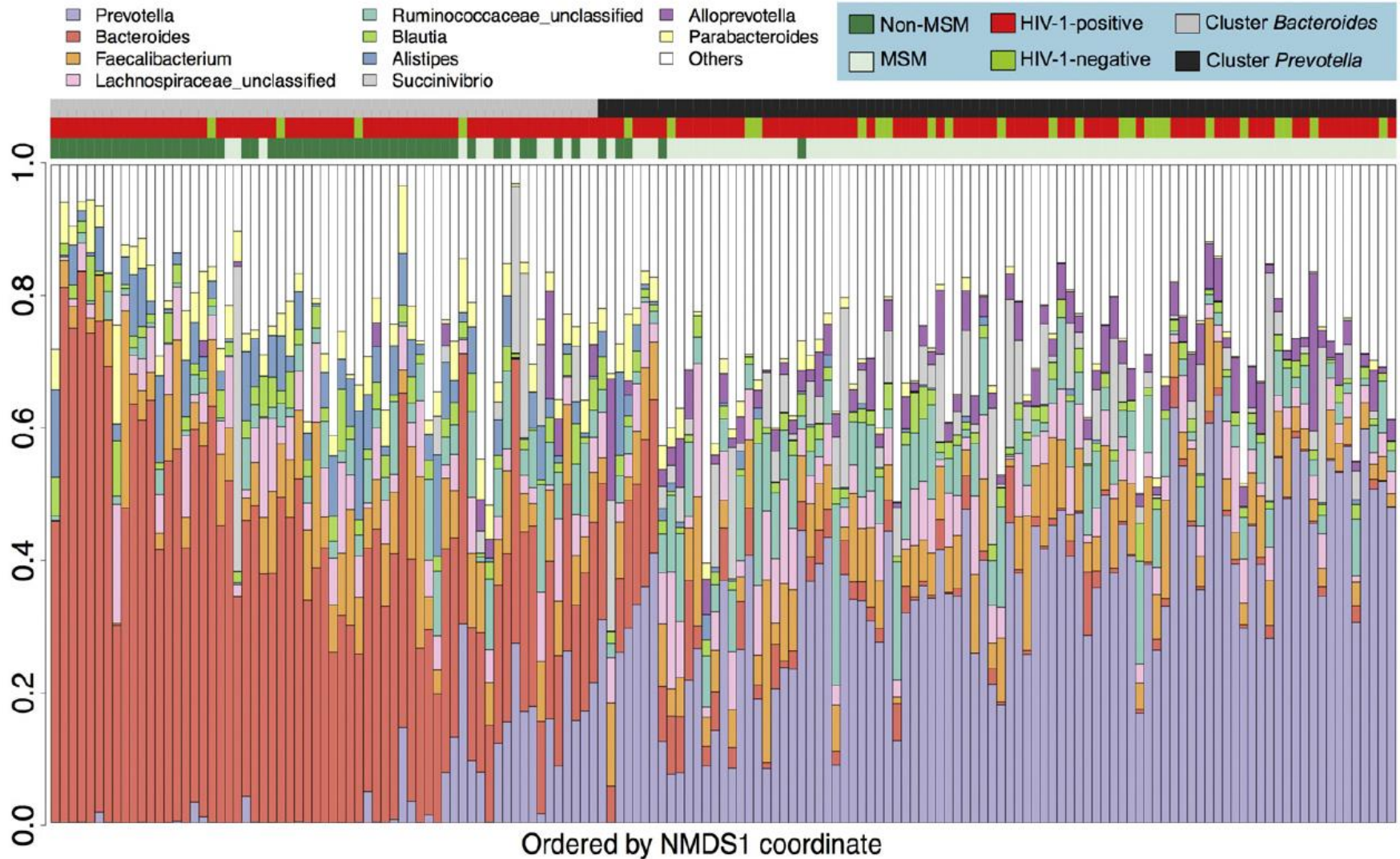
**Trend to increase in mucosal Th17, Th22, Th21 with IDOi**



**Increased CD4:CD8 ratio in peripheral blood with IDOi**

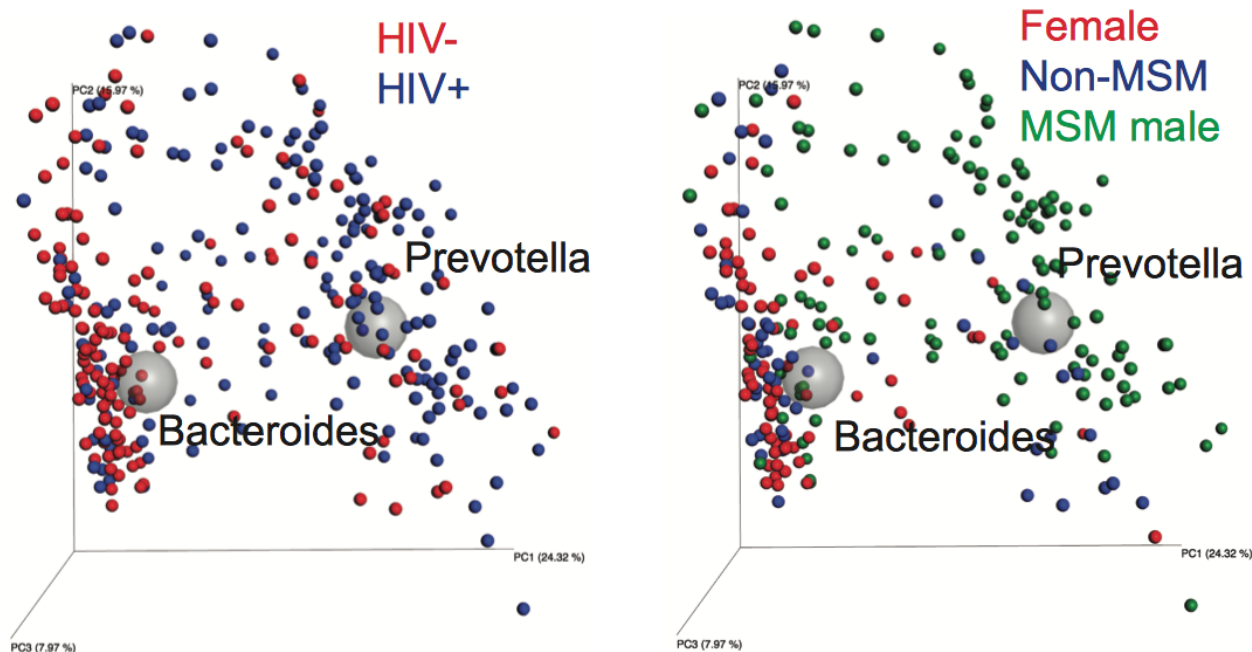


# Distinct Fecal Microbiota Composition (increased *Prevotella*, reduced *Bacteroides*) is Associated with MSM but not HIV Status in European Gay Men



# Impact of MSM-Associated Microbiota on Immune Activation and in vitro HIV Infection

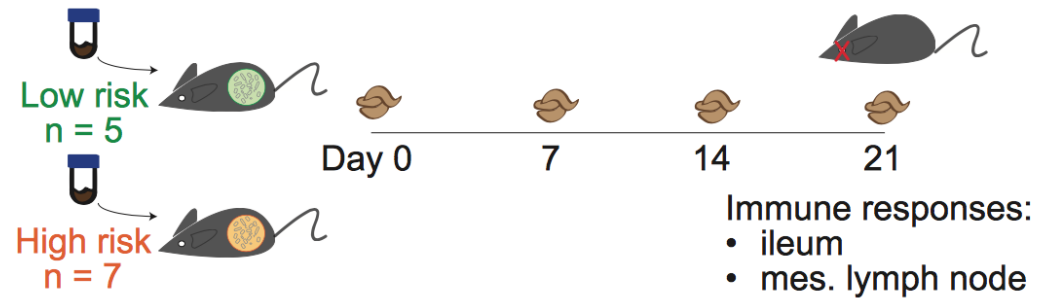
- HIV infection associated with Prevotella rich/Bacteroides poor gut microbiome
- Confounded by MSM, who are Prevotella rich regardless of HIV status



# Do MSM-associated microbiota impact immune activation?

## Methods

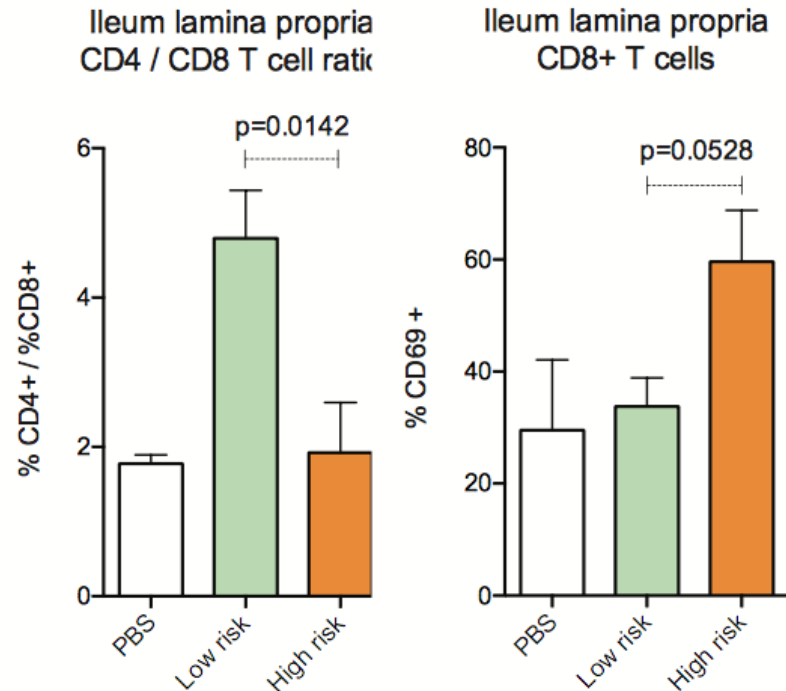
Stools from HIV-low risk heterosexual men and high risk MSM → gavage germ free mice, colonized 21 days



## Results

MSM mice had:

- Increased CD8 T cell frequency and activation
- increased IFN- $\gamma$  production in the gut
- increased CD4+ T cell activation in the mesenteric lymph node (CD69)





# Do MSM-associated microbiota impact immune activation?

## Methods

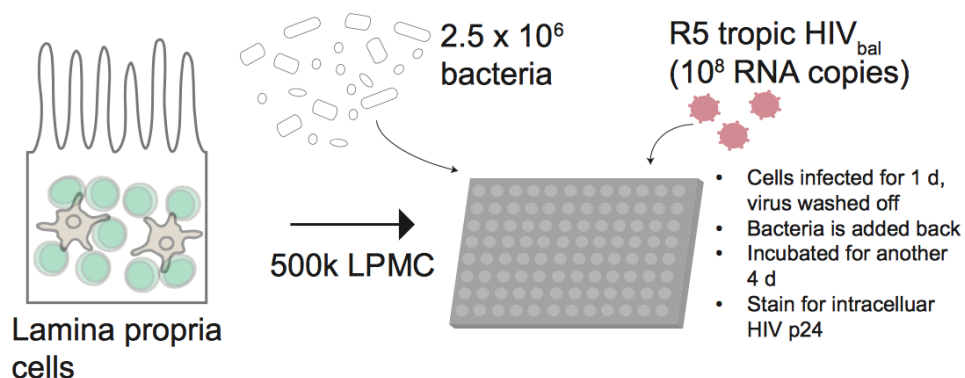
- Bacteria isolated from stools of HIV-low risk heterosexual men and high risk MSM → stimulate lamina propria cells, then infect

## Results

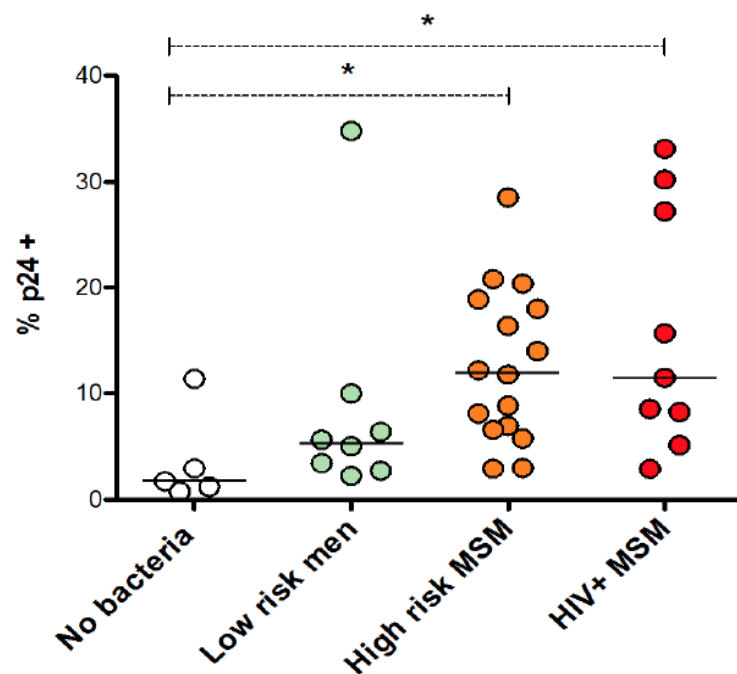
- MSM bacteria stimulated higher HIV infection levels
- Higher infection levels associated with higher T cell activation (CD38)

## Conclusions

- MSM-associated microbiota stimulate
  - increased immune activation
  - increased HIV infection of human lamina propria cells in vitro
- Suggest gut microbiome may impact transmission in MSM

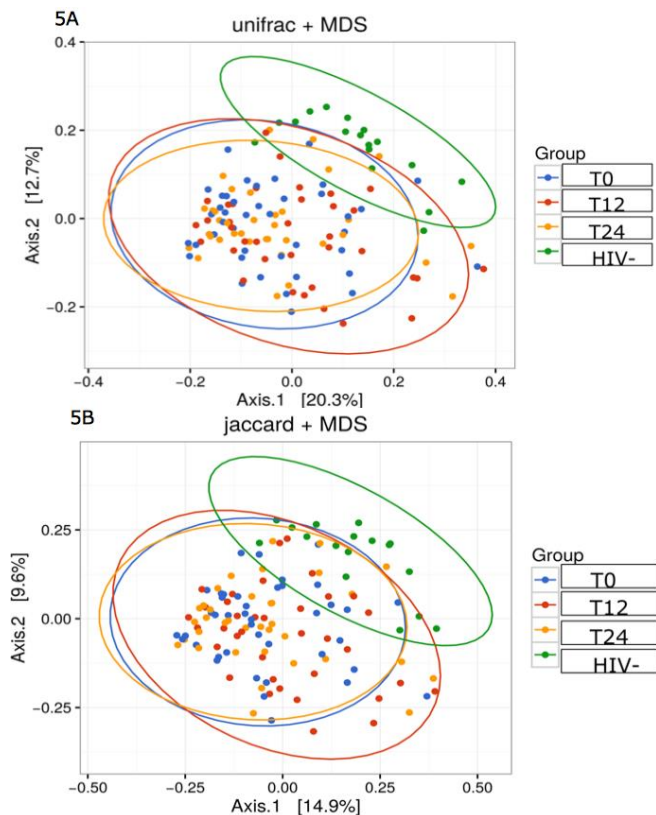


Infection of CD4+ T cells



# Differences in Gut Microbiome pre and post ART?

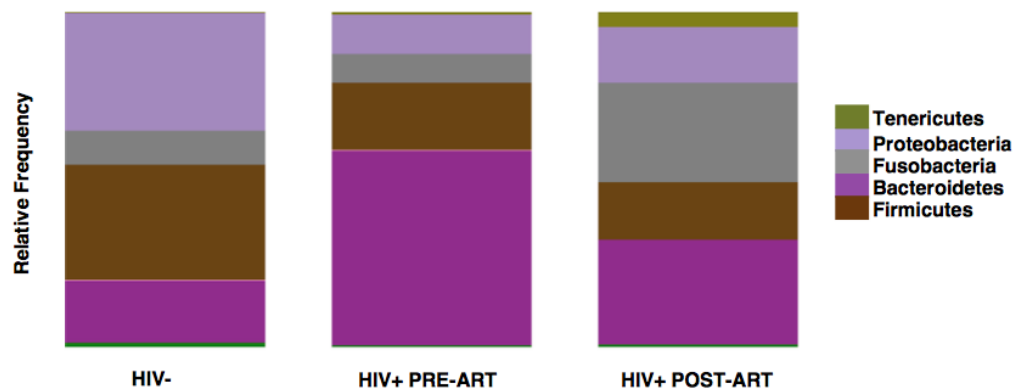
- 41 ART naive HIV+ patient - T0, 12, 24 mos after ART
- 15 HIV-controls; stool samples used
- Changes in gut microbiome persisted in HIV+



Tincati C, et al. CROI 2017. Abst. 215.

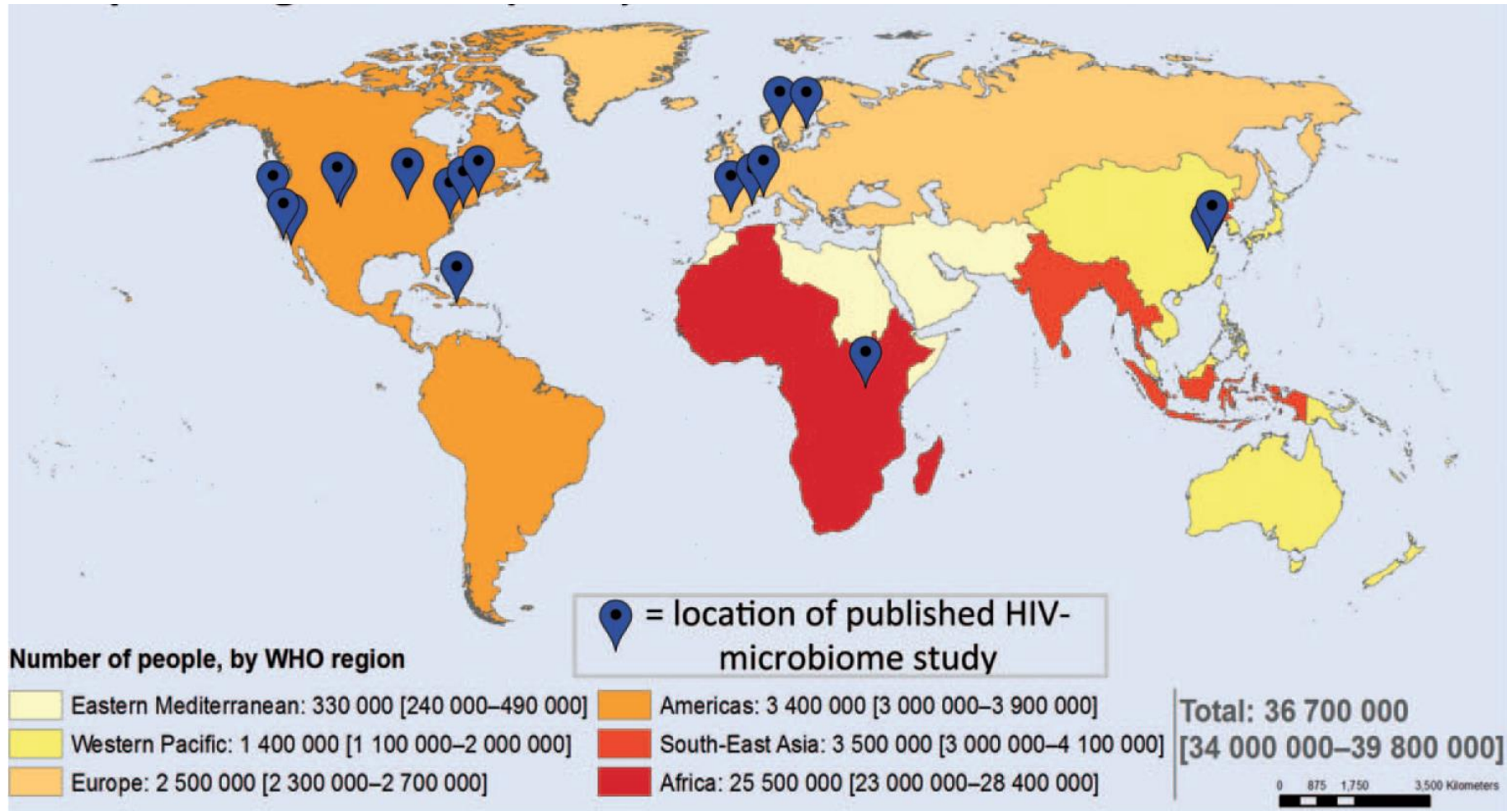
- 59 cutely HIV infected Thai subjects
- Pre and 6 months post ART
- 4 HIV-controls; anal swabs used
- Increase in Fusobacteria, Tenericutes

Abundance of bacterial phyla in cases pre and post-ART and controls

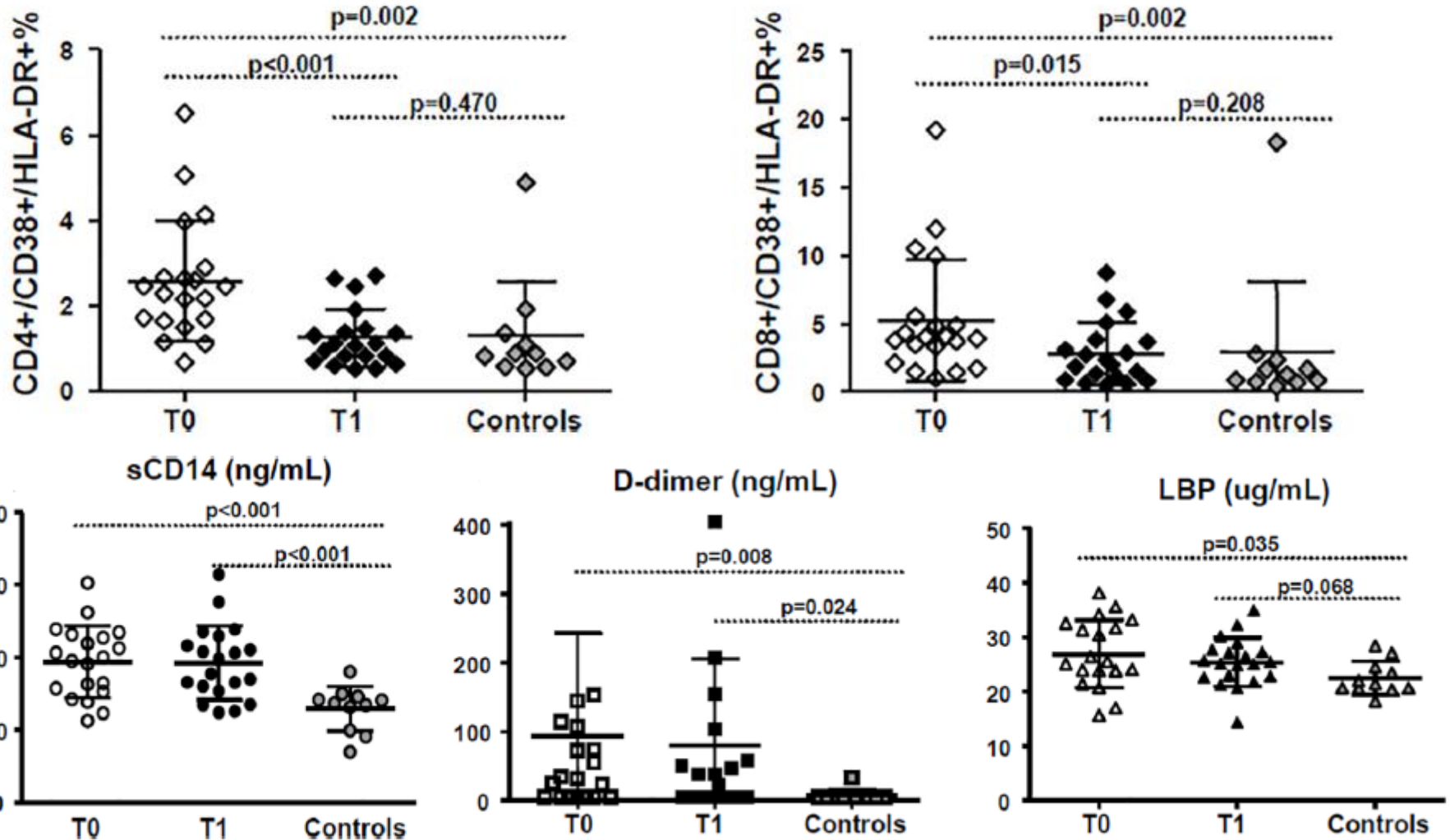


Sortino O, et al. CROI 2017. Abst. 214.

# People living with HIV (2015) and Locations of HIV-Microbiome Studies



# Probiotics Reduce Inflammation in ARV Treated HIV-Infected Individuals

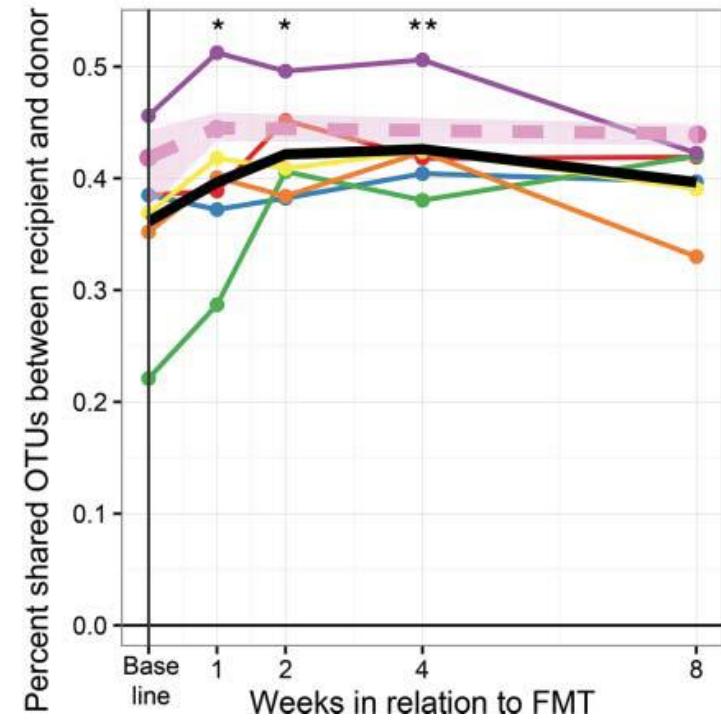
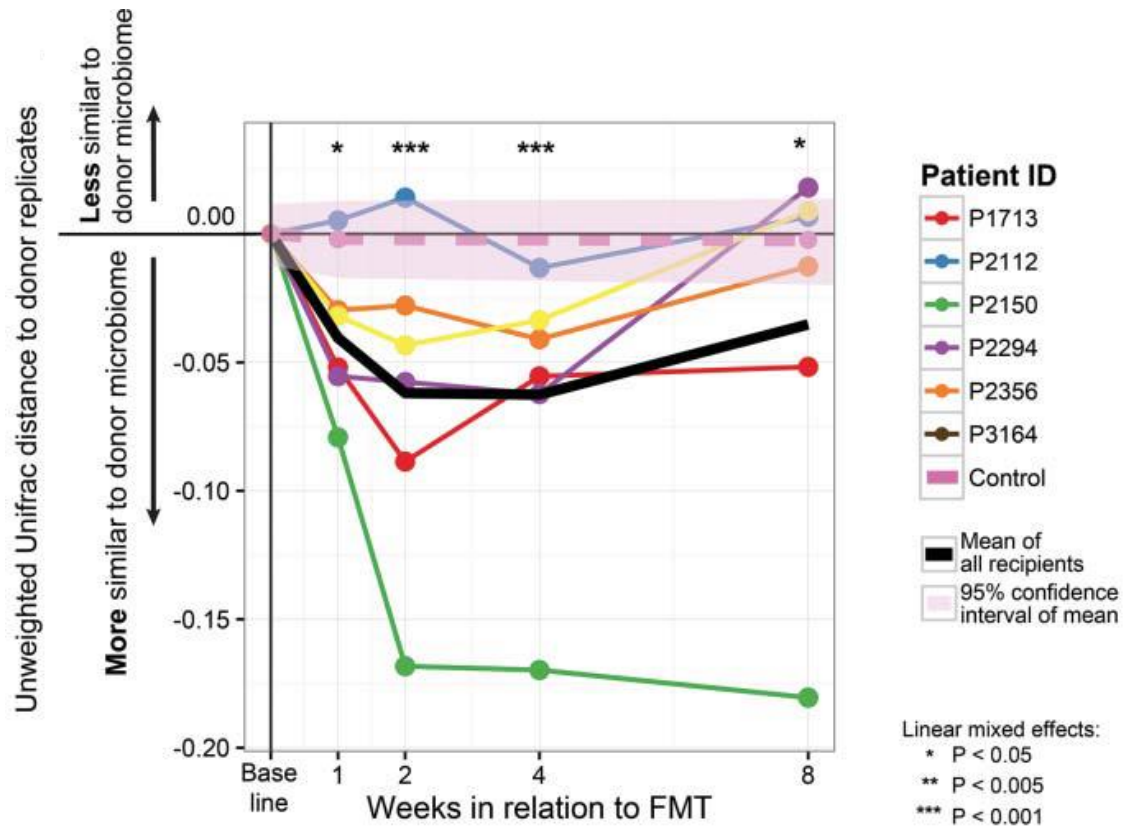


# Limited Engraftment of Donor Microbiome Via One-Time FMT in Treated HIV-Infected Individuals

**Table 1.** Characteristics of the study participants.

FMT	ID	Age	Gender	Race	CD4 count (cells/ $\mu$ L)	CD8 count (cells/ $\mu$ L)	CD4/8 ratio
Yes	1713	31	Male	White	463	1393	0.34
Yes	2112	61	Male	White	835	613	1.34
Yes	2150	53	Male	White	431	532	0.79
Yes	2294	70	Male	White	357	819	0.44
Yes	2356	72	Male	White	401	1027	0.39
Yes	3164	69	Male	White	622	1122	0.56
No	2447	57	Female	White	815	927	0.88
No	2558	71	Male	Black	257	301	0.85

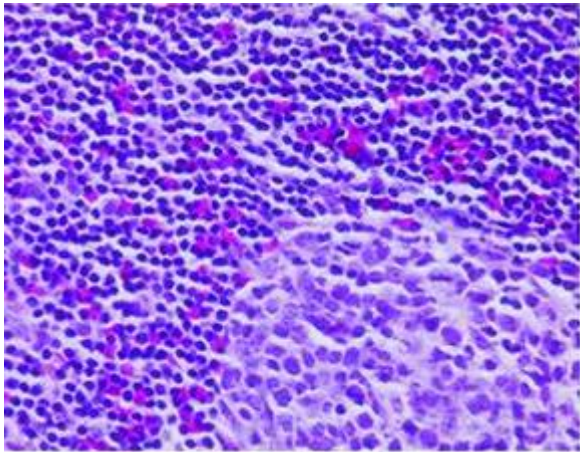
# Limited Engraftment of Donor Microbiome Via One-Time FMT in Treated HIV-Infected Individuals



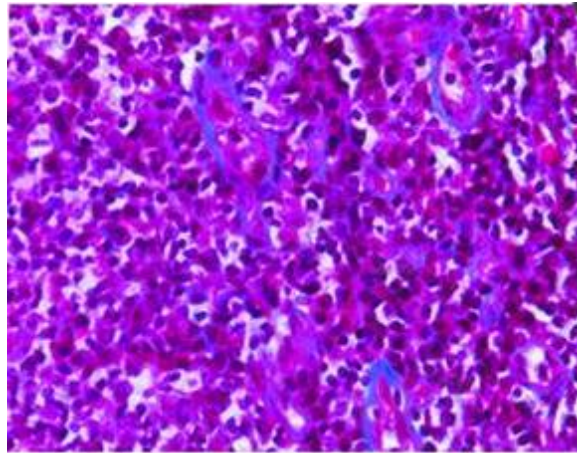
# Immune Activation Causes Lymphoid Tissue Fibrosis

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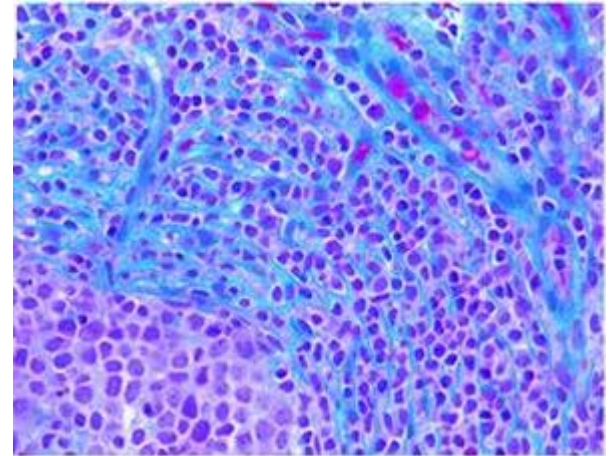
HIV negative



HIV positive

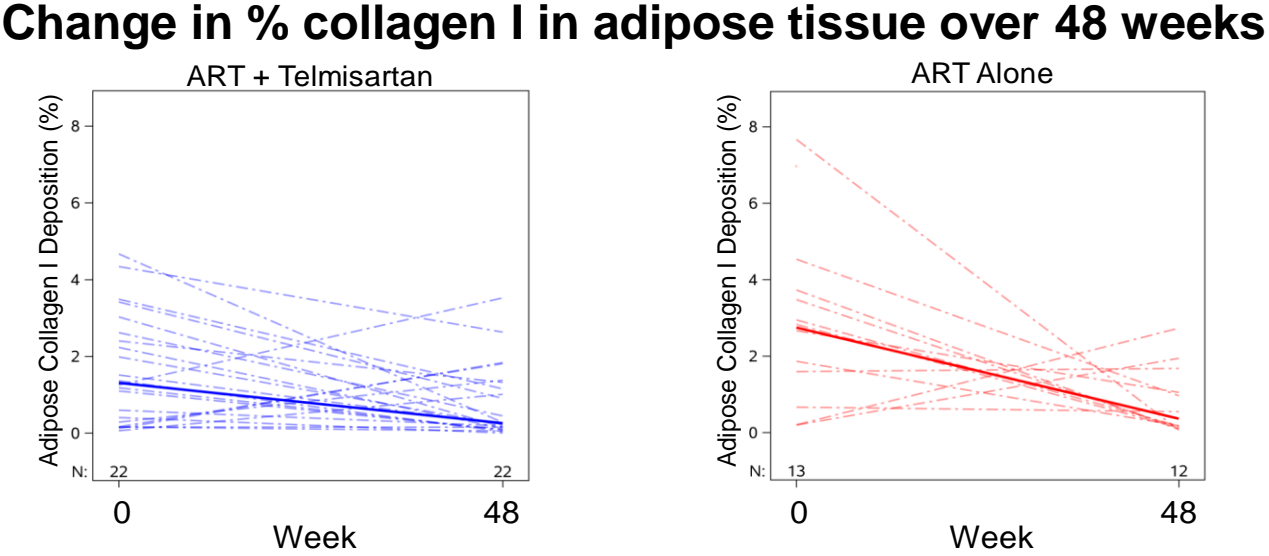
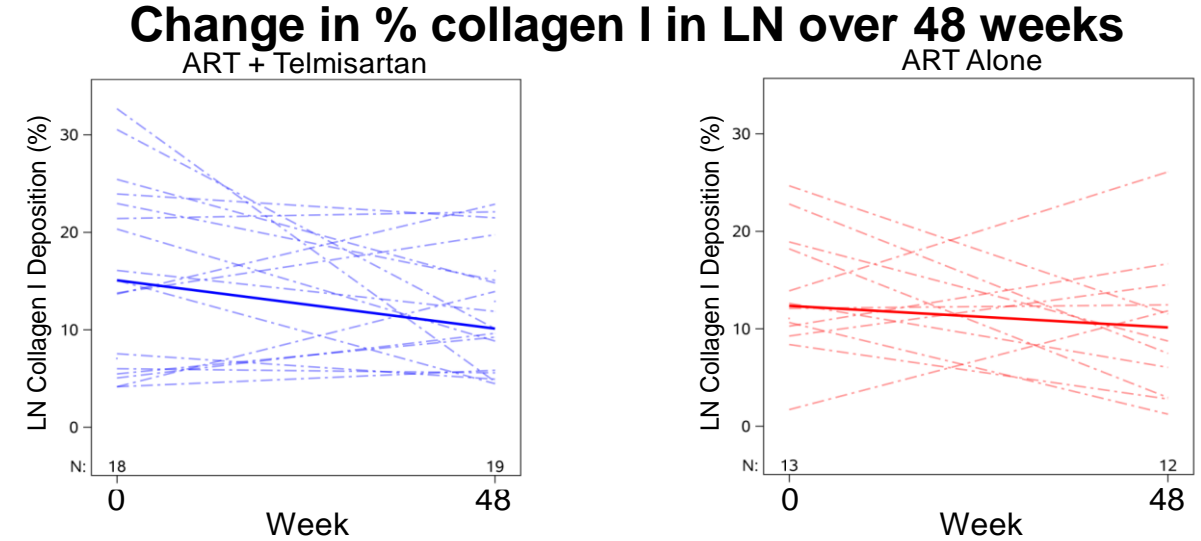


AIDS



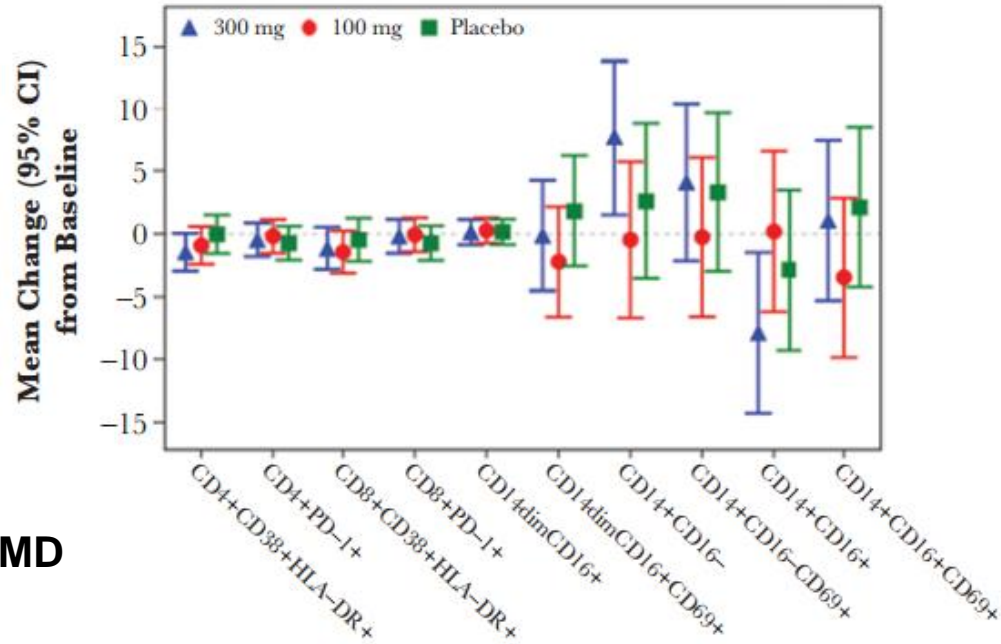
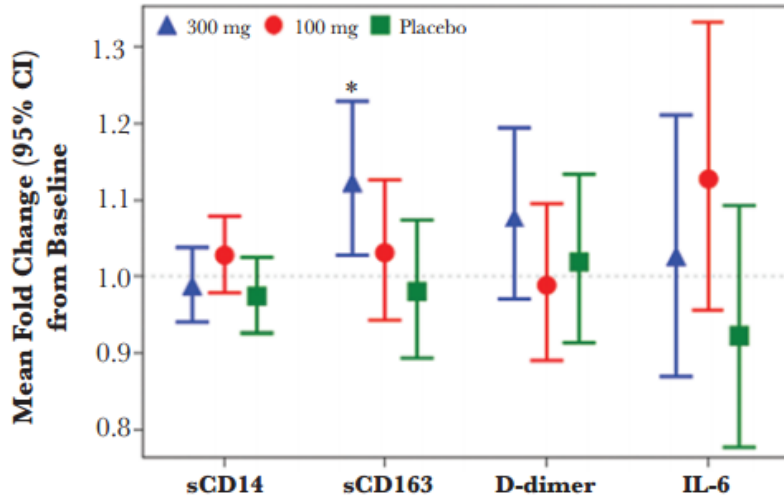
# Telmisartan Does Not Improve Lymph Node or Fat Fibrosis in Treated HIV Infection

Telmisartan is an angiotensin receptor blocker and PPAR- $\gamma$  agonist with anti-inflammatory and anti-fibrotic properties

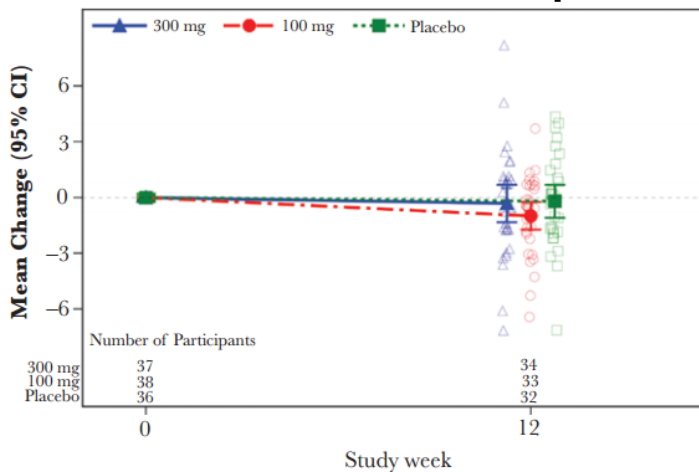




# Aspirin Fails to Impact Immune Activation or Endothelial Function in Treated HIV



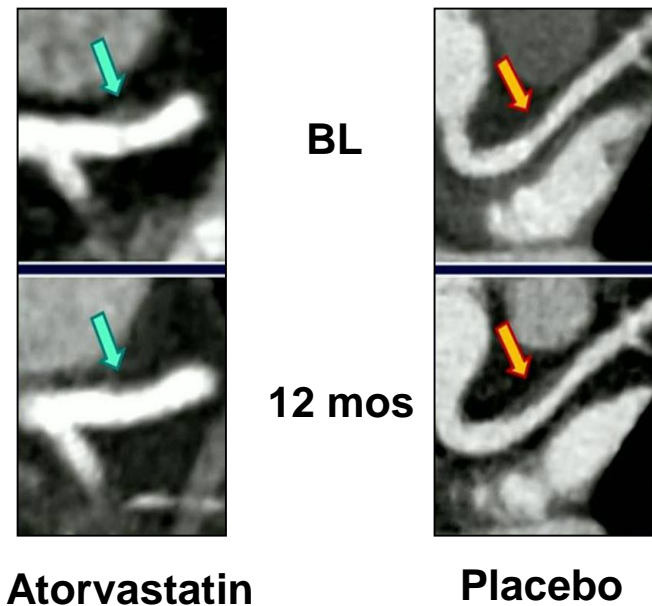
## No evidence for an effect of aspirin on FMD



# Randomized Trial of Statin Therapy and Coronary Plaque Progression

- Randomized 12-month trial in 40 HIV+ patients on stable ART with LDL < 130 and  $\geq 1$  coronary plaque
  - Atorvastatin 20 mg ( $\uparrow$  to 40 mg at 3 months) (n = 19) vs
  - Placebo (n = 21)
- Statin therapy reduced progression of coronary plaques
  - Reduced non-calcified plaque volume
  - Reduced high-risk morphology plaques
- Statin therapy safe and well tolerated

## Plaque Progression in Proximal Left Anterior Descending Coronary Artery With Atorvastatin or Placebo

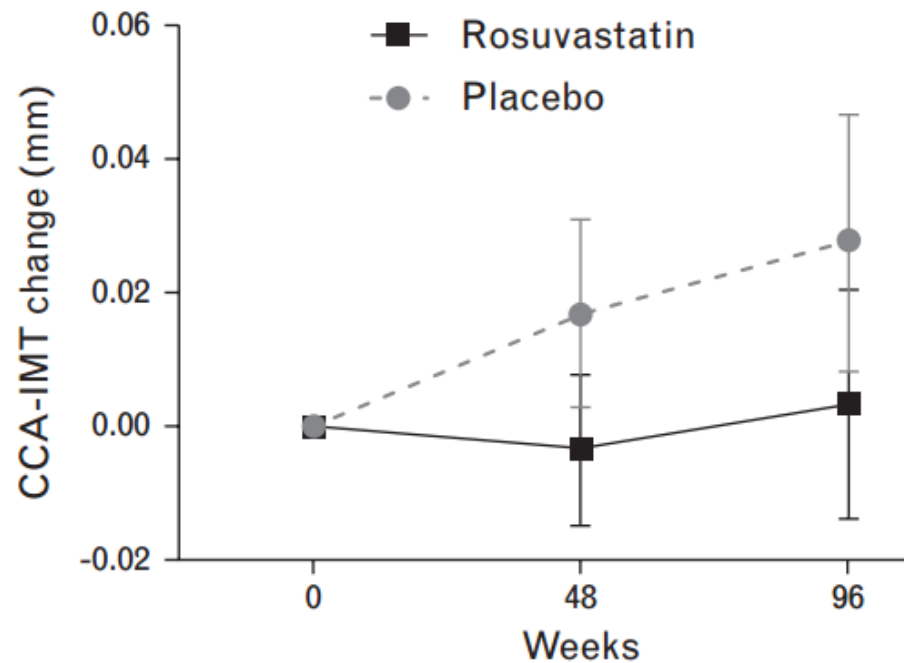


Median change **-19.4%** (IQR: -39.2%, 9.3%) versus **+20.4%** (-7.1%, 94.4%; p=0.009, n=37)

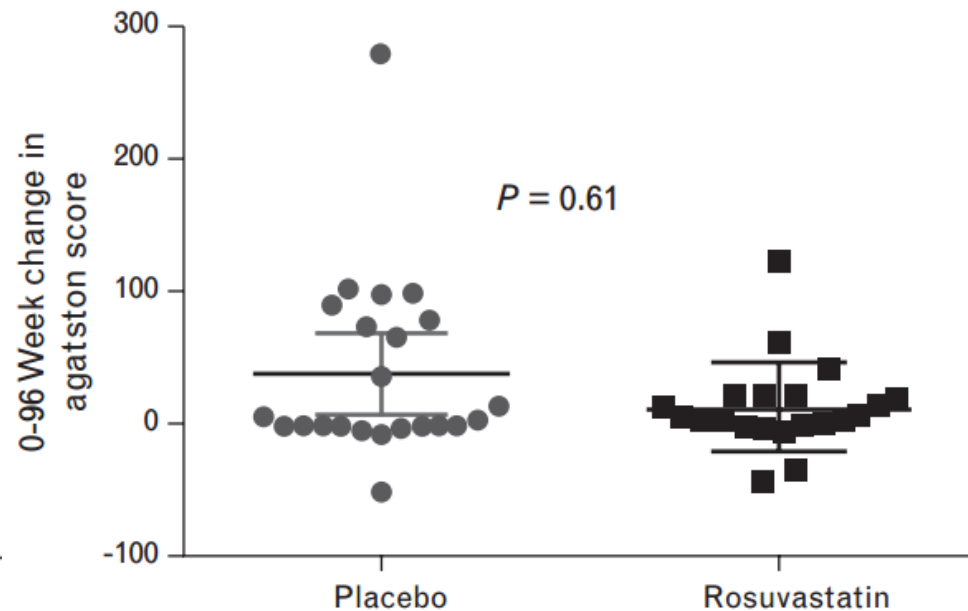
# Rosuvastatin Effects on Carotid Intimal Thickness and Coronary Calcium Score

SATURN-HIV: double-blind, randomized, placebo-controlled trial of rosuvastatin 10 mg daily in HIV-positive patients (N = 147) on stable ART and LDL <130 mg/dL

0–96-week change in carotid intima–media thickness



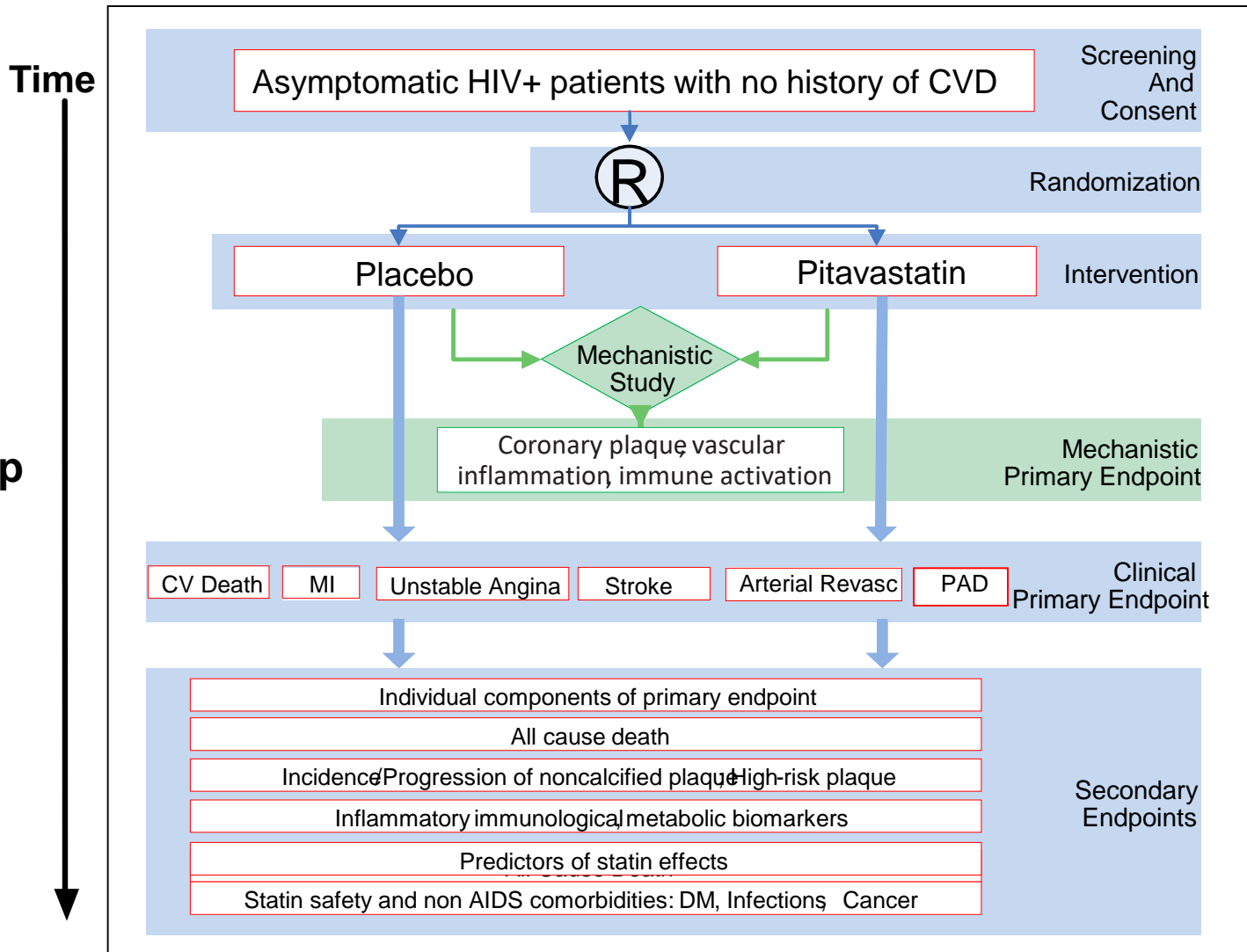
Prevalence of coronary artery calcium score



Stopping **A**therosclerosis and **T**reating **U**nhealthy bone with **R**osuvastati**N** in HIV infection

# REPRIEVE (A5332) Design

**N= 6500**  
**6 year**  
**follow-up**



# Pathogenesis of Inflammation-Associated Disease in HIV-Infected Adults

